## Second Professional BAMS (2019/2020) - CA - Semester II

# Subject - A.2.1.4 Swasthavritta and Yoga

#### Date-23.11.2023

## Component -I (Yoga Practical) - 06 Yoga asana Demonstrations

- Time 08.00 a.m. -9.45 a.m.
- 04 parallel practical venues (Yoga center, Wellness unit, LT 1 and LT 3) will be maintained.
- Students must be presented in particular group and venue on time. (List of groups with index numbers is attached.)
- Dress code suitable attire for yoga practices.

### Component –II (OSPE) – 04 Spots

- Time 10.00 a.m. onwards
- 03 parallel practical venues (Yoga center -Wellness unit, LT 1 and LT 3) will be maintained.
- Students must be presented in particular group and venue on time. (List of groups with index numbers is attached.)
- 02 writing spots and 02 practical spots will be maintained.
- 02 minutes per each station.
- Study areas Nutritional Assessment, OPD practical, Food classification
- Dress code Use white coat with the attire for yoga practices.

Head/ Department of DVSV

21.11.2023