

DEPARTMENT OF PRASUTITANTRA KAUMARABHRITHYA
FACULTY OF INDIGENOUS MEDICINE
UNIVERSITY OF COLOMBO
Case Sheet -Prasuti

Name of the student:

Registration no:

Date:

Case sheet No:

01. Basic Information

- I. Name of the patient :
- II. Age :
- III. Address :
- IV. Marital status : Duration of marriage: yrs
- V. Religion :
- VI. Nationality :

02. Present obstetrics History

- I. GPC : **G**-Gravida -pregnancy state both present and past (no of pregnancies)
P-Parity -state of previous pregnancy beyond the period of viability
(no of delivered babies after growth over 28 weeks)
C-Child -no of children she has
- II. LRMP : **Last Regular Menstrual Period**
- III. EDD : **Expected Delivery Date**
- IV. POA : **Period of Amenorrhea**

03. Other complaint with duration (Any Peeda) :excessive nausea, vomiting,
backache, constipation, CT

04. Medical history (Chikithsa Vritta) :Past surgeries and medications,
special investigations results
done in present pregnancy,
present medications

05. History of Previous illnesses (Purva Vyadi Vritta) :Diabetes, Cholesterol, Hypertension...etc.

06. Social history (Samajayeeya Vritta)

- i. Social background (*Rural/Semi urban/Urban*) :
- ii. Habitat (*Jangala /Anupa / Sadharana*) :
- iii. Food habit (*Vegetarian/Non vegetarian*) :
- iv. Occupation (*Physical / Mental*) :
- v. Exercise (*Less / Normal / Excessive*) :
- vi. Sleep (*Less / Normal / Excessive*) :
- vii. Addictions :
- viii. Psychological problems :
- ix. Sexual life : frequency, any discomfort.... etc.
- x. Educational status :
- xi. Economic status : whether sufficient or not for nutritional status of the pregnant woman

07. Family history (Kula Pravirti) - history of pregnancy complications in any of family members

- i. Paternal :
- ii. Maternal :
- iii. Siblings :
- iv. Husband :
- v. Relatives
 - Psychological disorders :
 - Disable :
 - etc :

08. Menstrual History (Artava Ithihasaya)

- i. Menarche (Pushpa Darshana):

ii. Regular/Irregular :

iii. Characters of menstruation

- Color (red/dark red/brown)
- Odour (present/absent)
- Other (eg: clots)

iv. Duration of flow: days of menstrual bleeding

Interval :

v. Pain (before/ after/ during) :

vi. Volume (less/excessive/ normal):

09. Obstetric History (Prasava Ithihasaya)

Pregnancy No.	Pregnancy			Labour					Peuperium
	1 st trimes.	2 nd trimes.	3 rd trimes.	Pre / term / post	NVD/ induced/ LSCS/ other	1 st stage	2 nd stage	3 rd stage	

10. Perinatal History (Janma Ithihasaya)

Child	Year of birth	Place of birth	Birth weight	Remarks

11. Contraceptive history (Upath Palana Ithihasaya):

12. Garbhini Pariksha

General examination

I. Height :

II. Weight :

III. BMI :

Increase of weight:

- IV. Blood pressure :
- V. Body temperature :

Abdominal examination

- I. Inspection (Darshana)
 - a. Shape (Swabhava) :
 - b. Striae Gravidarum (GarbhaKikkisa) :
 - c. Linea nigra (Romaraji) :
 - d. State of Umbilicus (Nabhi sthiti) :
- II. Palpation (Sparshana)
 - a. Fundal height (Height of Garbhamastaka) :
 - b. Lie :
 - c. Presentation (Cephalic/ Breech / Other) :
 - d. Status of the presenting part :
 - e. Fetal Movements :
- III. Auscultation (Shabdha)
 - a. FHS :

System examination with Ashtavidha pariksha

(If any abnormality or Physiological changes during pregnancy)

- I. Respiratory System :
- II. Gastro Intestinal Tract :
- III. Cardio Vascular System :
- IV. Muscular Skeletal System :
- V. Genitourinary system :
- VI. Nervous System :
- VII. Endocrine System :
- VIII. Lymphatic System :
- IX. Brest Examination :

Investigations :

Management :