

University of Colombo  
**Rotaract**  
Institute of Indigenous Medicine



# Annual Report 2021–2022

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**Rotaract Club of  
Institute of Indigenous Medicine  
University of Colombo**



**Unique in its  
Indigenous capabilities...**



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# MESSAGE FROM CLUB PRESIDENT

Rotaract Club of Institute of Indigenous Medicine, University of Colombo is a Unique place in Rotaract District 3220. Completing its 1st Complete Rotaract year I am pledged to thank our charter president Rtr. Shehara Buddhapa Kaluarachchi and the founding board together with the Rotaract district steering Committee for the years 2019/2020 for their efforts in bringing this club into a reality.



As the president of the Rotaract Club of Indigenous medicine University of Colombo Rotaract year 21/22 is remarkable for our club due to the challenging economic and health crisis, we were able to strive and serve the society in a remarkable manner. The huge support from our dear fellow Rotaractors were not to be forgotten. With more than 10000 volunteer hours we did many Unique projects.

I would Also like to remind the executive Board for the year 2021/22 for their tremendous support for making this rotaract year an Immense success. Next, I would also like to appreciate the Director board and all committee members of the projects, who worked effortlessly in making this Rotaract year a Success.

Rotaract Club of Institute of Indigenous Medicine University of Colombo is in safe hands with Rotaractors filled with innovation and passion driven individuals and would always strive to achieve the aims of Rotaract. Finally, I would like to give my well-wishes for all those who supported in making this year a massive success and close off my duties wishing the very best to all future Rotaractors.

Thamara Dasanayaka  
President,  
Rotary year 2021-2022,  
Rotaract Club of Institute of Indigenous Medicine,  
University of Colombo







# MESSAGE FROM CLUB SECRETARY

Rotaract has been a changing point in my university life. It has helped me in various ways to gain Experience in working with colleges, organising tasks and working according to Schedule and many more. I have gathered lots of skills starting from Leadership qualities, public relationship qualities, human resource management and many more. So I take this as an opportunity to Thank Rotaract for every single thing I gained from it.



I would like to thank DRR. Rotarian Rotaractor past president Akila wijethunga and his steering committee of Rotaract district 2021/2022 for educating, training and guiding us through our journey. Also a very big thank you to our guide club coordinator Rotractor Nipuna Rambukkanage and the outgoing Membership coordinator Kashuni Kariyawasam for helping us throughout each and every step of planning and helping us in all. I would make this an opportunity to also Thank Director of Institute of Indigenous Medicine - Prof. Priyani A. Paranagama, Ayurveda sectional head - Dr. S. P Molligoda Unani sectional head - Prof. M.S.M. Shiffa, Former and present Senior student councilors – M.R.M. Wickramasigha, ,Dr. Anoma Samarawickrama , Dr. W.A.S Saroja Weerakoon for giving the opportunity to start up the Rotaract club at our university and Guiding and helping throughout all the work. Also a big Thankyou goes out to all the Lecturers of ur university who helped us immensely throughout this journey of one year to make this Rotaract year a success.

Next, I Thank the DRR. Rotarian Rotaractor past President Kasun Sigera, Past President of Rotaract club of kelaniya Club Service Director of Rotaract District 3220 for the year 2020/2021 Rtr. Ranga and the steering committee of rotaract district 3220 of year 2020/2021 for chartering us, as a new club, in the Rotaract family. A special Thanks to the Rotary club of Kelaniya for sponsoring us in the Chartering process and lending us a hand in every way possible to guide and educate us in throughout the year I also take this opportunity to thank our dearest past president Rotaractor. Shehara Kaluarachchi, Secretary Rotaractor Rashmi Jayawardana ,Treasurer rotaractor Pasindu Lakshan De Silva, Vice president Rotaractor hasintha hewawasam, Sargeant at Arms Rotractor. M.A.M.Azrin - , and and his board members I am also thankful to our 2021 /2022 Executive commitee and board of directors For their contribution to making this the Rotaract year 2021/2022 a great success.

Last but not the least I am very grateful to each and every member and prospective member in our Club, each and every student in Institute of indigenous medicine university of Colombo and to all the Rotaractors throughout the world for making Rotaract a wonderful place.

Chathurya Jayanapali Sooriyabandara  
Secretary  
Rotary year 2021-2022,  
Rotaract Club of Institute of Indigenous Medicine,  
University of Colombo





# CLUB ADMINISTRATION

## ➤ Introduction to the Club



*Sponsored by the Rotary Club of Kelaniya, Sri Lanka*

Chartered on 27 April 2021

Rotary International District 3220  
Sri Lanka & Maldives

Club Name - Rotaract Club of Institute of Indigenous Medicine, University of Colombo

Charter Day - 27th April 2021

Sponsoring Rotary Club - Rotary Club of Kelaniya

Type of Club - Institute based Rotaract Club







## ➤ Club Overview

The Rotaract Club of Institute of Indigenous Medicine, University of Colombo takes pride in being the first ever club in Srilanka to represent the Traditional Medical system within Srilanka.

It is structured with 7 Executive members and 9 Directors serving at various avenues.

The novel club, amidst the upsurge of the COVID-19 pandemic, initiated its first project “Keeping Up With Pandemic”, an approach to educate people on the possible remedies present within the Traditional healthcare system as a precaution from not becoming a possible victim of this deadly disease.

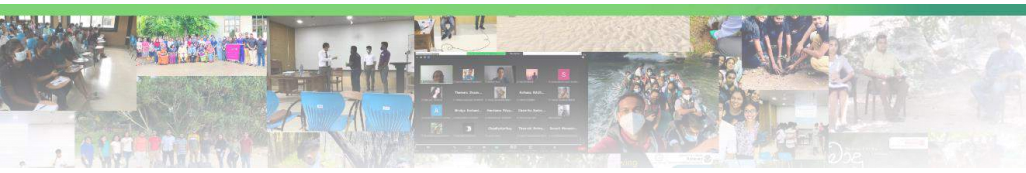
On the 19th of July 2021, the very first transition meeting took place with Rtr. Thamara Dasanayake being collared as the new President of the year 2021/2022 by the very first club president, Rtr. Shehara Kaluarachchi. This meeting was a most awaited moment for the members of the year 2021/2022, that filled with motives, excitement and ambition.

And this club has a significant number of Active members who are devided to each avenue. The avenue commitees take the responsible of organizing projects of the respective avenue.

As a Institute based Rotaract Club we have Club adviser from the College end. The Assistant Senior Student Counsellor overlooks the work of Club and Cordinates between club and College.

Finally for the Upcoming year we have a Strong leadership and a supportive Board which we can count on a blissfull future.





## ➤ CLUB HISTORY

Charter date : 27/04/2020

Chartering President : Rtr. Shehara Kaluarachchi

Chartering Secretary : Rtr. Rashmi Jayawardane

Sponsoring club : Rotary club of Kelaniya

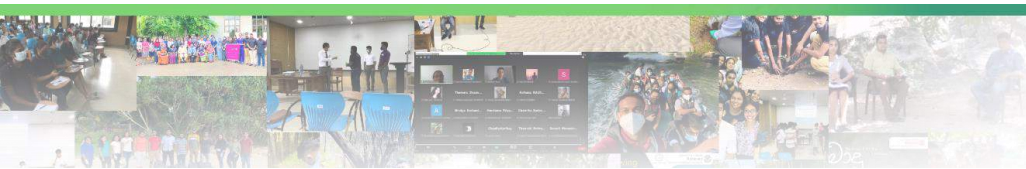
First Project done : Traditional Medicine "Counterfeit" or "Fake" on 20 th june 2021

First Transition meeting : 19/07/2021

Second President : Rtr. Thamara Dasanyaka

Second Secretary : Rtr. Chathurya Sooriyabandara





## ➤ List of past presidents



### **Shehara Kaluarachchi**

Rotaract year - Year 2020/2021

Mobile - +944712892097

Email - [sheharabuddheepa@gmail.com](mailto:sheharabuddheepa@gmail.com)

NIC/PP - 970920382v

Date Of Birth - 1997-04-01

Membership ID - IIMX11715



### **Muhandiramge Thamara Malkantha Jayawardana Senevirathna Dasanayaka**

Rotaract year - Year 2021/202

Mobile - 0714016535

Email - [thamaradasanayaka509@gmail.com](mailto:thamaradasanayaka509@gmail.com)

NIC/PP - 970870156V

Date Of Birth - 1997-03-27

Membership ID - IIMX14505





## ➤ Details of the Executive Committee and Board of Directors

### EXCO:

- President –



**Muhandiramge Thamara Malkantha Jayawardana**  
**Senevirathna Dasanayaka**

Mobile - 0714016535

Email - [thamaradasanayaka509@gmail.com](mailto:thamaradasanayaka509@gmail.com)

NIC - 970870156V

Date Of Birth - 1997-03-27

Membership ID - IIMX14505

- Vice President -



**Sachintha Krishmal Sulaksion Lokubalasuriya**

Mobile - +94779770835

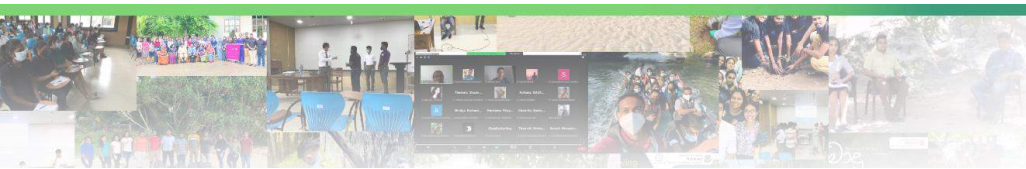
Email - [sachinthakrishmal1998@gmail.com](mailto:sachinthakrishmal1998@gmail.com)

NIC - 983491952v

Date Of Birth - 1998-12-14

Membership ID - IIMX15615





- Secretary -



**Chathurya Jayanapali Sooriyabandara**

Mobile - 0766235772

Email - jayanapali97@gmail.com

NIC - 976230728v

Date of Birth - 1997-02-05

Membership ID - IIMX14506

- Assistant Secretary



**Mohomad Rafeekullah Saeed Hamdan**

Mobile - +94766367181

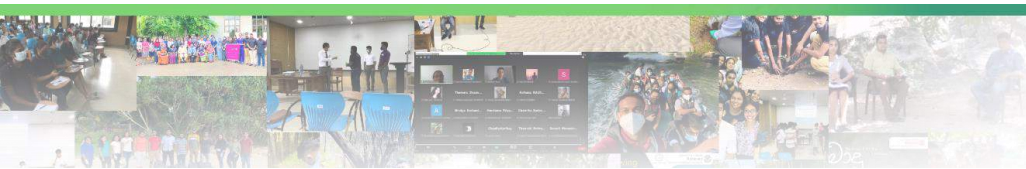
Email - saeedhamdhan360@gmail.com

NIC - 991312390v

Date of Birth - 1999-05-10

Membership ID - IIMX15702





- Assistant Secretary



**M.M.Zeenath Shafnam**

Mobile - +94766624355

Email - ezeen072@gmail.com

NIC - 977273145V

Date of Birth - 1997-08-14

Membership ID - IIMX15712

- Treasurer



**Dodammullage Sithum Rangana Wijesooriya**

Mobile - +94 76 921 8194

Email - sithum.srw@gmail.com

NIC - 200000503320

Date of Birth - 2000-01-05

Membership ID - IIMX15541





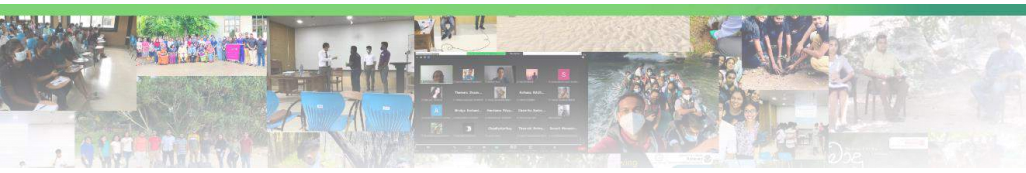


- Sergeant at Arms



Mahamarakkalage Shehan Anjana Cooray  
Mobile - +94757825955  
Email - shehananjana752@gmail.com  
NIC - 971442182V  
Date of Birth - 1997-05-23  
Membership ID - IIMX15703





## Board Of Directors

- Director of Club Service



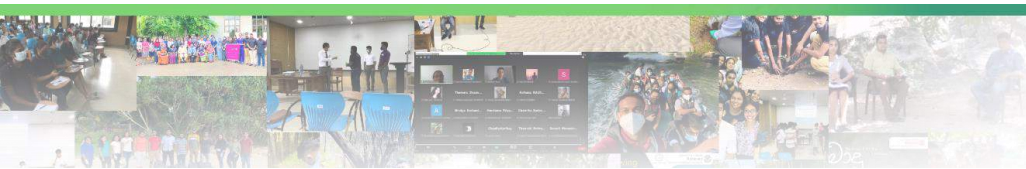
Dilmi Inesha Nuwandi  
Mobile - +94705864795  
Email - ineshanuwandhi@gmail.com  
NIC - 998152330V  
Date of Birth - 1999-11-10  
Membership ID - IIMX15543

- Director of Community Service



Isuri Bhagya  
Mobile - +94758383810  
Email - isuri6485@gmail.com  
NIC - 199965500613  
Date of Birth - 1999-06-03  
Membership ID - IIMX15544





- Director of Professional Development



**Tharushi Navoda Rathnaweera**

Mobile - +94768460318

Email - tharushirathnaweera3@gmail.com

NIC - 995272300V

Date of Birth - 1999-01-27

Membership ID - IIMX15564

- Director of International Services



**G.W. Sasanka Heshini**

Mobile - +94716556633

Email - sasankawanniarachchi@gmail.com

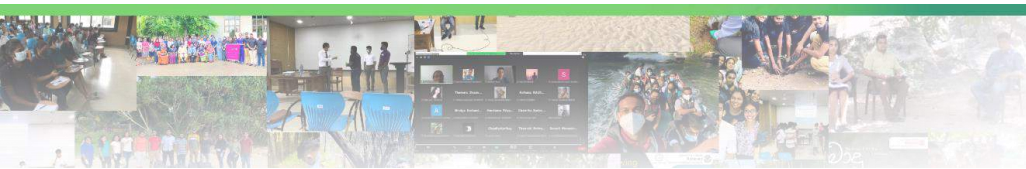
NIC - 977521483V

Date of Birth - 1997-09-08

Membership ID - IIMX15575







- Director of Membership Development



**Buddhima Subhani Nakkawatte**

Mobile - +94703118087

Email - buddhima.nakkawatte@gmail.com

NIC - 986631801V

Date of Birth - 1998-06-11

Membership ID - IIMX15577

- Director of Public Relation



**Jayathungage Shakthi Sithruwan**

Mobile - +94752180052

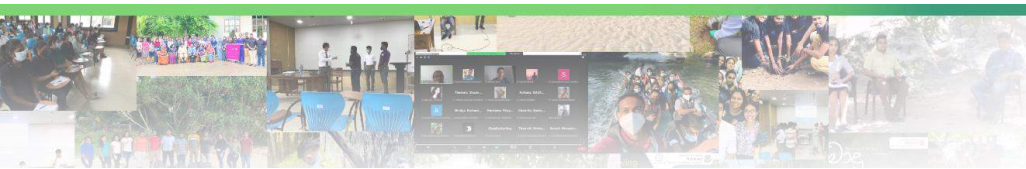
Email - shakthisithruwan33@gmail.com

NIC - 981170679V

Date of Birth - 1998-04-26

Membership ID IIMX15614





- Director of Sports and recreations



**Tharushi Dasunika**

Mobile - +94768118133

Email [tharushidasunika97@gmail.com](mailto:tharushidasunika97@gmail.com)

NIC - 977760690V

Date of Birth - 1997-10-02

Membership ID - IIMX15570

- Director of Digital Communications



**Erangi Osanadara**

Mobile - +94775618617

Email - [eosanadara@gmail.com](mailto:eosanadara@gmail.com)

NIC - 988292532V

Date of Birth - 1998-11-24

Membership ID - IIMX15685





- Editor



**Anushka Bandara Arambepola**

Mobile - +94784420994

Email - anushka.arambepola268@gmail.com

NIC - 990180032V

Date of Birth - 1999-01-18

Membership ID - IIMX15542





➤ Details of Management Officials designated for the club

NAME	DESIGNATION	ROTARACT YEAR
Dr. Renuka Wickramasingha	Assistant Senior Student Councillor	Year 2019/2020
Dr. Anoma Samarawickrama	Assistant Senior Student Councillor	Year 2020/2021
Dr. W.A.S Saroja Weerakoon	Assistant Senior Student Councillor	Year 2021/2022





## ➤ Meetings

GENERAL MEETINGS' SUMMARY

MONTH/YEAR	DATE	TIME	VENUE	% PARTICIPATION	GUEST	SUMMARY NOTES
2021 JULY	19/07/2021	7pm-8.32pm	Zoom	100	Prof. Priyani Paranagama, Dr. Renuka Wickramasingha, Rtn. Rtn Nipuna Rambukanage	Transition meeting for the year 2021/2022. The former president Rtn. Shehara Kaluarachchi collared the new president Rtn. Thamara Dasanayaka. The other members of the Executive board and the board of directors were introduced.
2021 AUGUST	15/08/2021	8pm-9.45pm	Zoom	100	-	Introduction of the Rotaract Club and structure of it was presented by the president. Citation requirements were presented by the secretary. Directors of club services, community services and international services presented their respective avenue projects.
2021 SEPTEMBER	12/09/2021	7.30pm-8.15pm	Zoom	100	Rtn. Rtn. Nipuna Rambukanage	Joint Project with RACM. Rtn. Anagi suggested to conduct a phase of both physical and mental health based project without restricting to one. Vice President suggested to finalise the joint project in another official meeting and it was agreed by the other members.
2021 OCTOBER	24/10/2021	7.20pm-9.48pm	Zoom	80	-	Vice President invited the Juniors to the club. Then each avenue director took their chance to introduce their avenues to the new junior club members.
2021 NOVEMBER	07/11/2021	7pm-8pm	Zoom	90	DRR Rtn. Rtn. Akila Wijethunga	DRR visit took place. Club announcements were made.
2021 DECEMBER	26/12/2021	7.20pm-8pm	Zoom	90	-	Vice President mentioned the decision to hand over the ongoing projects to the prospects and members from 2019/20 batch. He also suggested to contact Rtn. Maria from the rotaract club of Ica Sur, Peru regarding a joint project.
2022 JANUARY	28/01/2022	8pm-8.30pm	Zoom	90	-	Director of club services said that the last session of project utilise will be held in March after the Madu ganga project. Director of community services stated that the made ganga project will be held on the 5th of February. Next the president made announcement about registering members of the club. Director of professional development avenue stated that the 3rd session of the Sahrut Sabha project will be held on 29th Jan.
2022 FEBRUARY	03/03/2022	7.30pm-8pm	Zoom	100	-	President announced about the amendments needed to be made to the By Laws. He also stated that the Treasurer/Secretary/President need to take responsibility of the Bank accounts. Other club avenue announcements were also made regarding the progress of the projects.
2022 MARCH	10/04/2022	2pm-2.30pm	Zoom	75	-	President stated that the citations are yet to be covered under the community services and the club services avenue. He also stated that the new savings account for the club had been opened. He also stated that the regional engagement project will be done as a joint project with the rotaract club of Jaffna university. Club announcements regarding the progress of the avenue projects were also put forward by the respective avenue directors.
2022 APRIL	08/05/2022	7.15pm-7.45pm	Zoom	75	-	The president announced the rotaract executive board members for the year 2022/2023. He also stated that the citations should be covered by the 31st of May as per stated in the DCM. Next the vice president stated that the t-shirt issuing will take place by the next week. Finally club announcements regarding the progress of avenue projects were put forward.
2022 MAY	05/06/2022	7.30pm-8pm	Zoom	85	-	The president addressed the issues regarding the t-shirt issuing and stated that it will be sorted out soon. Club services director stated that the citations under the respective avenue are covered except for the Year end party. Next community services director stated that the citations are covered under the respective avenue. Next director of professional development also stated that the citations are covered for that respective avenue. This was finally ended as the last general meeting of the rotaract year 2021/2022.





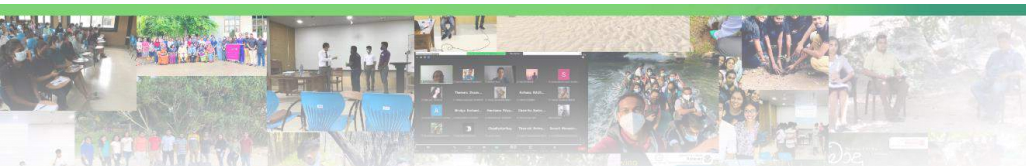
# STRATEGIC PLAN AND PROGRESSIVE DEVELOPMENT

## Strategic plan of RAC IIM 2021/2022

<b>Strengths Opportunities</b>	
01. A huge member base within the university	01. Support received by the Rotaract District and the Rotary District
02. Sustainable projects (Ex. Adyanartha, Utilize)	02. Rise of interest in traditional medicine with the up rise of Covid 19 paving a way for recognition
03. One of the only club specializing in indigenous medicine (Able to launch specialized project related in that area)	03. Ability to socialize theuprising concepts of traditional medicine, for a healthy life
04. Advices and support from Past presidents and secretaries	04. Support of the university, former president and secretary
<b>Weaknesses</b>	<b>Threats</b>
01. Project weights being too much to handle	01. Covid-19 affecting physical project plans and Virtual projects having a decreased impact
02. Lack of active members	02. Rise in inflation
03. Membership retention gets decreased with the exams	03. Because the private sector is being affected by the Covid19, the lack of potential sponsors
04. Not having a good awareness of finances	04. Lack of publicity as the club was recently established







Areas	Analysis	Strategy formation	Goal setting	Structure	Feedback
Club as a brand	Club is being taken forward into the spotlight and recognized through the projects Adyanarth, Uttilze and සෘණත් සහාය. All club activities are updated and showcased through Whatsapp and Facebook	Involving in all the programmes conducted by other clubs and the districts to get recognized by other clubs, Taking measures in planning joint projects for national recognition and twining projects for international recognition	Goals to be achieved as a club by 2023 - Being nationally and internationally recognized through our signature sustainable projects such as Take Down Thalassemia and නාඩි - Let's Heal the World With Herbs	Planning nationally and internationally recognized projects with a higher impact and of quality by addressing issues within the community while also mainly considering SDGs and Rotary Focus Areas whilst promoting innovation among project	
Finances	As a relatively new established club currently the club has yet to build up the finances.	Organizing fund raisers to cover the budgets of projects Approaching sponsors for funding specific projects as well as finding permanent sponsors and partners	Goals to be achieved as a club by 2023 - Gathering 5 prominent sponsors as our options for platinum sponsorships for our sustainable signature projects. Goals to be achieved for the club projects by 2023 - Keeping informative project finances	We have planned a fundraising campaign in march to obtain funds for certain projects We have planned to approach sponsors, but not yet approached	



			documents to analyze the difficulties that we may face in the upcoming phases of the project.		
Members hip	Around 50 Active members and inactive members	Recruiting new members through various methods, keeping them active by providing opportunities to participate in club activities	Making all the members active before the end of the year 2021	A new Whatsapp group was established for prospective members. The project sahruth sabha and weekly quiz introduced to keep members active and interested	
Adaption to Elevate Rotaract Policy Change	By-laws is ready to be implemented starting from July 2021	During the board Meeting held in July - September 2021, the by-laws of the club was finalized. The membership fee was finalized as Rs. 1500	Instead of laying the burden on the members, the club will be considering establishing strategic partnerships and mega fundraisers.	Part of the fund obtained through fundraisers will be allocated for RI dues. Only active members will be considered as members and others will be considered as prospects	





## Year plan signed by the President of the sponsoring Rotary Club at the beginning of the year

### Avenue: Club Service

Year	2021						2022					
Month	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Installation												
Utilize												
Yearend Party												
H2O												

### Avenue Directors

Rtr. Dilmi Inesha Nuwandi +94705864795

### Avenue: Professional Development

Year	2020						2021					
Month	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Legeritize												
Ayur ඔසු දිවිය												
සෞඛ්‍ය සේවා												

### Avenue Directors

Rtr. Tharushi Rathnaweera +94768460318

### Avenue: Community Service

Year	2021						2022					
Month	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
කියු වීරු												
Madu Gange Joint Project												
Take Down Thalasemia												
ප්‍රාණ												
සුඛ ධාරණී												

### Avenue Directors

Rtr. Isuri Bhagya +94758383810







### Avenue: International Service

Year	2020						2021					
Month	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
2020 - Let's Heal the World With Herbs												
Twinning Project												

### Avenue Directors

### Avenue: Sports and Entertainment

Year	2021						2022					
Month	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Hitterz												

### Avenue Directors

Rtr. Tharushi Dasunika +94768118133

### Avenue: Public Relations, Editorial

Year	2020						2021					
Month	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Weekly Quiz												

### Notes

- International Services Avenue will have more events due to the Twin Club Agreements.
- The projects mentioned above are confirmed projects for the year with the Board of Directors.
- Further plans are in place for Projects in all avenues which are yet to be confirmed.

Rtr. Thamaradasanayaka  
President 2021-2022  
Rotaract Club of Institute of Indigenous  
Medicine, University of Colombo  
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[Thamaradasanayaka509@gmail.com](mailto:Thamaradasanayaka509@gmail.com)  
T: +94714016535

President/ Youth Service Advisor  
Rotary Club of Kalaniya

Rtr. Nipuna Rambukkanage  
Guide Club Coordinator 2021-2022  
Rotaract Club of University of Kelaniya  
E:  
[Nipunar.rotaract3220@gmail.com](mailto:Nipunar.rotaract3220@gmail.com)  
T: +94774664473



Amended year plan (most updated version)

Avenue: Club Service

Year	2021						2022					
Month	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Utilize												
Collectio''22												
The New Normal												

Avenue: Community Service

Year	2021						2022					
Month	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Madu Gange Joint Project												
Project Adhyanartha												
Project Niwarana												

Avenue: Professional Development

Year	2020						2021					
Month	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Legeritize												
Ayur මුළු දිවිය												
සෘජු සහාය												





### Avenue: International Service

Year	2020						2021					
Month	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
නාඩි - Let's Heal the World With Herbs												
Project Talentsia												

### Avenue: Sports and Entertainment

Year	2021						2022					
Month	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Virtuosa												

### Avenue: Public Relations, Editorial

Year	2020						2021					
Month	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Important Days of the Year												

Rtr. Thamara Dasanayaka  
President 2021-2022  
Rotaract Club of Institute of Indigenous  
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E:  
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Rtr. Nipuna Rambukkanage  
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# CLUB MEMBERSHIP

## Membership strategy

As a Chartered club Rotaract club of Institute of Indigenous Medicine University of Colombo has its 1st conception of members into the club. With the dawn of the memberships into the club, Membership Development and retention played an important role. As a Brand-new experience for all the members the most important strategy we used during the year was fellowship and Innovation. Through innovative projects we kept our membership in line with Rotaract and made most of our members to actively involve to gain experience and learn from it. Fellowship between all members , Developing skills, Adding memories , Sharpening abilities and Creating friendships were key factors that held within the club to keep the stability of the membership.

## Induction process

As per the by laws the club followed a traditional procedure of inducting members. Based upon the backgrounds as stated below

1. A member may propose a candidate, a prospective member may make a request, or another club may propose one of its transferring or former members to join this club. The method of admitting new members of university-based Rotaract clubs shall have the approval of the appropriate school authorities.
2. The club should approve or reject a candidate's membership within 10 days and notify the candidate of its decision.

Additional qualifications or procedures for admitting new members may also be included here. A process to address objections raised by current members may also be included here

## Termination

As per the club by laws, each member of this club shall attend at least Eighty 80% of this club's regularly

scheduled meetings. If so the respective member will be informed via an official mail or communication before 3 months of termination regarding the risk of his/her membership termination. In absence of continuous presence in clubs meeting and project after a period of three months the membership of the respective member shall be terminated with notice.





# PROJECT OVERVIEW

## Club Service Avenue

### Club Projects

#### Project UTILIZE

##### ➤ Project Description -

Utilize is a skill development program which focus all the rotaractors of institute of indigenous medicine and none rotaractors as well. It consist of five sessions which are conducted by qualified speakers. There are stress management and motivation session, video editing session, photoshop session, Graphic designing sessions.

In this pandemic situation most of the members have no idea about how to manage their stress and use this time to do something valuable for their future . so we came up with this idea to organize this skill development program for all the rotaractors and non rotaractors as well.

We have completed the stress management and motivation session on 29th August 2021 which was done by Mr. Hasintha Hewawasam ( Motivational Speaker, Founder of SL,Motivational Community,Co founder of Nirvana Club,Co founder of Things They Never Told You- the talk show,Social Influencer,BAMS University of Colombo (UG), Bsc Psychology (UG),Dip in psychology and counseling )over 500 participants were there at the session. Participants' feedback was really good about the session and they even asked for another session on the topic. On 11th September 2021 we completed the video editing introduction session which was conducted by Mr.Aravinda Wanninayaka ( Visiting lecturer at University of Wayamba, Short film director ) with the participation of 80+ participants. On 18th September 2021 we have completed the Photo editing introduction session which was conducted by Mr.Aravinda Wanninayaka ( Visiting Lecturer at university of Wayamba, Short film director). As the participants requested to continue the sessions, we decided to combine both video editing and photo editing sessions and continue the sessions as graphic designing. So from 03rd October 2021 to 17th October 2021, we completed 7 Graphic designing sessions.

- Main Citation- Under the Membership Development
- Project Chair - Rtr.Nuwandi Chandrawansha
- Project Secretaries - Rtr. Isuri Bhagya

Rtr. Shehan Anjana

- Date of Commencement - 29th August 2021
- Date of completion - 30th May 2022





## Project Collectio"22

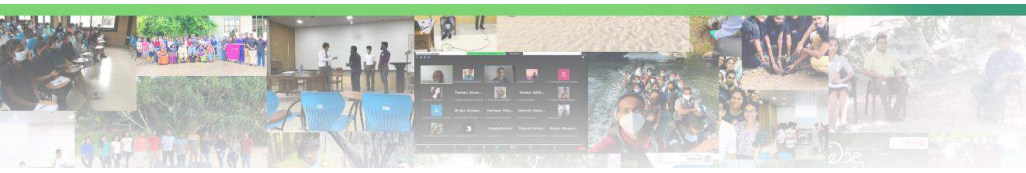
### ➤ Project Description -

Collectio"22 is a Club Service project which is under the Fellowship citation on 29th May 2022 at 4.00 p.m. to 7.30 p.m.. Since we were in a pandemic situation we did not get a chance to do a physical event with the club members properly. So we organized this club outing program to uplift the fellowship among the rotaractors in our club. Collectio"22 is a club outing program which was held on Diyatha Uyana park. There were fun games and singing session for the rotaractors and the refreshments were provided at the end of the program. Program was a success and all the rotaractors who participated enjoyed the session and made new friends. Team work , unity and the bond between the rotaractors was amazing and very pleased to see.

- Main Citation- Under the Fellowship Citation
- Project Chair - Rtr. Buddhima Yasas
- Project Secretary - Rtr. Isuri Bhagya







## Joint Projects

### Project The New Normal

➤ Project Description -

The New Normal is a joint project which was initiated by Rotaract club of Institute of Indigenous Medicine, University of Colombo and The Rotaract Club of Rathnapura. It was under the Regional Engagement citation in Club service avenue. Project was held on 31st May 2022 at 8.00pm onward via zoom. The session was conducted by Mr. Sagara Sathyapala (- Diploma in Buddhist Psychology and Counseling, University of Kelaniya, Higher Diploma in Psychology and Counselling...

- Main Citation- Under the Regional Engagement Citation
- Project name - The New Normal
- Project Type - Joint project
- Project Chair - Rtr. Isuri Nawanjana
- Project Secretary - Rtr. Kaushalya Adhikari
- Date of commencement - 04th May 2022
- Date of Completion - 31st May 2022





University of Colombo  
**Rotaract**  
Institute of Indigenous Medicine

**UtiliZe**

success is not a dream  
Achievements are not miracles  
Join to fight against destiny

500+ Participants

**Thank You,**  
for all love & support.

Mr Hasintha Hev  
(BAMS University of Co  
Founder of SL Motivat  
Co director of Nirvan  
BAMS University of C  
Bsc Psychology (UG)  
Dip in psychology ar

Qualitative  
ගුණාත්මක



Quantitative  
ප්‍රමාණාත්මක



ඔබ සඳහා වන සියලුම ජයග්‍රහණය දක්වා  
ඔබ සඳහා වන සියලුම ජයග්‍රහණය දක්වා  
Thank you, **Good Luck,**





# Community Service Avenue

## Club Projects

### Project "මාදු ගඟ"

#### ➤ Project Description

Project "Maduganga" is a programme that highlights the environmental importance of the "Madu ganga" reserve and the need to protect it , which is organized by the Rotaract Club of Institute of Indigenous medicine university of Colombo under the Community services . We have completed "Madu ganga" project on 5th of February 2022 . We visited the Madu ganga reserve on that day, there we had the opportunity to take a boat ride in Madu ganga river during the boat ride we visited three temples including a Rajamaha Vihara. We have identified a number of biodiversity and unique values in this reserve . We also learned a lot about the local crushed Cinnamon and the value of local Cinnamon. Veteran journalist Mr. Nelson Kodituwakku , area public health instructor Mr. Shamantha Sandaruwan and the owner of the "captain boat service" Mr. G.P.C. de Silva were also appreciated for their support .

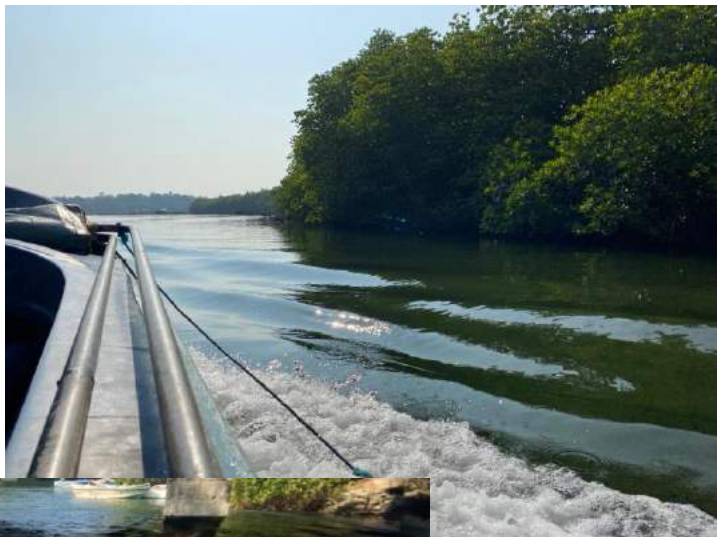
The next component of the project was the cleaning of a selected beach near the Madu Ganga estuary . There we cleaned up the beach which was polluted with garbage and duly disposed of the collected garbage.

Following the project , we published a article in the Sunday Times newa paper on the importance of protecting the Maduganga river via our project . And through a video clip and post series , we set out to raise awareness on social media about the value of thr Maduganga reserve and the need to protect it.

- Project chair - Rtr. H.A. Isuri Bhagya
- Project secretaries - Rtr. Bhagya Sandeepa , Rtr. Inesha Nuwandi Chandrawansha
- Tressurer - Rtr. Shehan Anjana
- Project objectives
  - Aware the people about the importance of the Madu ganga reserve
  - Protect the valuble fona and flora of the reserve
  - Clean the maduganga estuary .
- Sustainable development goals - green clean environment with rich biodiversity
- Main citation - wild life and animal welfare
- Rotary focus areas - environment
- Other goals -
  - protect the green environment
  - aware about the sri lankan heritage
  - find out the threats towards the biodiversity and nature
  - aware people about how to keep clean the nature









## Project - "අධ්‍යනාර්ථ"

### ➤ Project Description

අධ්‍යනාර්ථ is a project in which we focus on the GCE Ordinary level students of a particular school in a rural area with insufficient facilities, to uplift their academic performance by conducting online sessions /classes free of charge. Most rural students face many challenges and problems compared to urban students. Poor access to technology, Talents are unnoticed; lack of opportunities to showcase them, no proper career guidance, limited access to past paper or revision classes and financial difficulties are a few. The students usually find references/ study in the library but due to the current pandemic situation, that option is unavailable. This project aims to help them overcome their challenges and solve their problems up to a possible extent. The plan is to continue as a yearly project widening the scope gradually, year by year. As a newly initiated club, we decided to focus on one school this year, for the sake of maintaining sustainability. The initially planned subjects were Science, Mathematics and English, on the request of students ICT also was added.

The target school of this project for this year is Po/Dimbu/Kekuluwela Maha Viduhala

The GCE O/L students of the above school will be the beneficiaries of the project

The planned activities of the project are

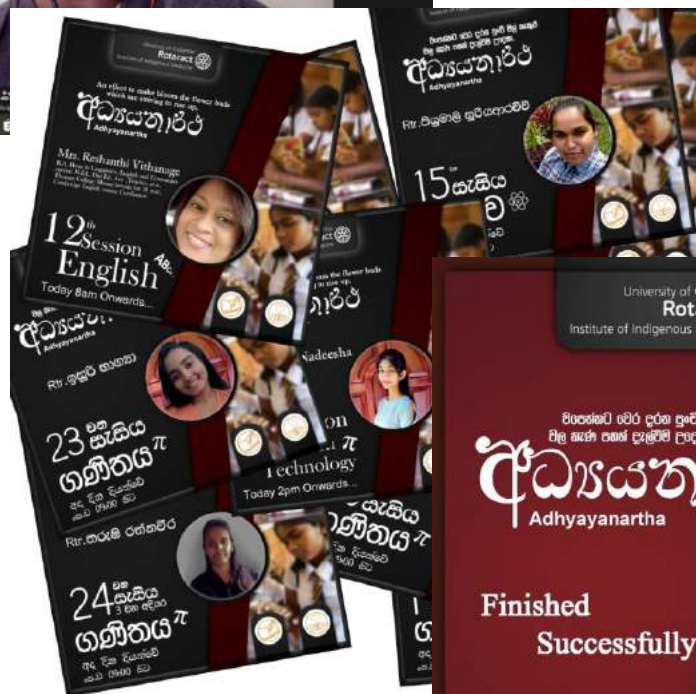
1. Past paper discussions
2. Revisions for the required lessons
3. Providing short notes
4. Career guidance
5. Motivational sessions

The GCE Ordinary level examination is one of the most crucial examinations in deciding the career for most Sri Lankan students. The performance in the exam depends on the skill of identifying and writing answers to questions asked. While some students master this skill with relative ease, others have a difficult time. Through the past paper discussions, we will be training them and providing the necessary practice to develop this adequately

The revision sessions will focus on revising the important lessons and lessons which require more effort to attain competency, we will provide necessary short notes in this regard. We will also encourage and show them how to use the internet for their academic purposes in a proper way. For practicals, we will select YouTube videos and edit them with Sinhala audio, as the beneficiaries find it difficult to understand English videos. We have identified that the beneficiaries have colourful ambitions but most of them do not have a clear idea of the path on how to achieve them. The career guidance sessions will focus on guiding them on this matter. The motivational sessions will focus on keeping the students motivated in academic activities in wake of the current pandemic situation, through which they are most likely to lose interest in studies.



- Project type - Club project
- Project chair - Rtr. Saeed Hamdan
- Project secretaries - Rtr.H.M.H.E.R.Herath and Rtr. W.W.M.K.S. Bandara
- Treasurer - Rtr. Sandali Mapatunage
  
- Project objectives
  - Improving the academic results of beneficiaries
  - Preparation for O/L examinations
  - Guiding them in their career,
  - Bridging the digital divide
- Sustainable development goal -
  - Quality education
- Rotary focus areas - Basic education and literacy.
- Project duration - From 18th August 2021 to 19th May 2022
- Number of sessions - 40



## Project "නිවාරණ"

### ➤ Project Description

The project "Niwarana" is a drug abuse prevention and awareness program which focus all the rotaractors and none rotaractors as well. It consists of one virtual session which is conducted by psychological counselor Mrs. Anjali Budawatta Jayawardhana.

The sole purpose of this program was to take the society one step further, even in such a difficult time when the whole country was suffering. Through the program , we learnt about the effects of the increasing use of drugs and how to get rid of them and how to get rid of your and our loved ones.

We have completed the session on 22nd May 2022 which was done by Mrs. Anjali Budawatta Jayawardhana. (psychological counselor, journalist)

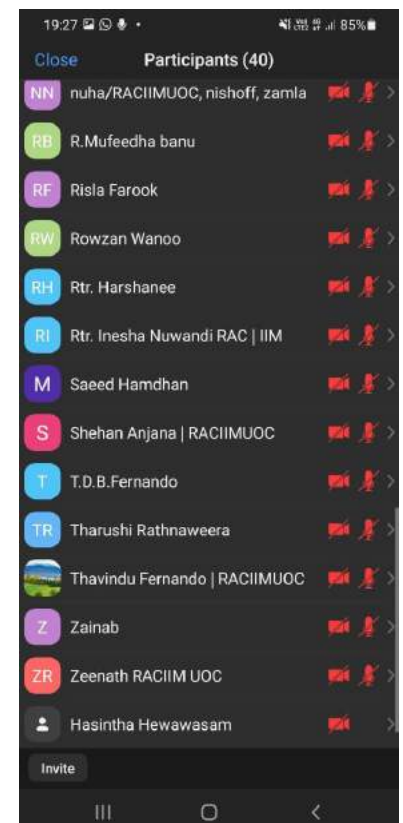
University of Colombo  
**Rotaract**  
Institute of Indigenous Medicine

**නිවාරණ**

"Addiction begins with the hope that something 'out there' can instantly fill up the emptiness inside"  
-Jean Kilbourne

**1 Day More**

**Anjali Budawatta Jayawardana**  
-Psychological counselor / Journalist  
-Diploma in buddhist psychology (university of kelaniya)  
-Diploma in writership and communication (university of sri jayawardanapura)  
-Higher national diploma in psychology (university of colombo)  
-Certificate in drug counseling (national dangerous drugs control board)  
-Post graduate diploma in counseling and psychosocial support (reading)university of colombo  
-Masters in counseling and psychosocialsupport (reading)University of colombo







# International Service

## Joint Project

### Project “NAADI”

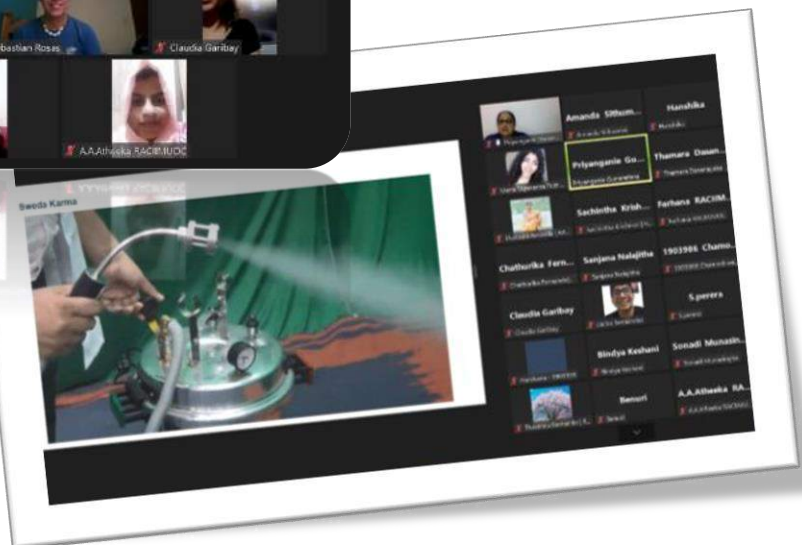
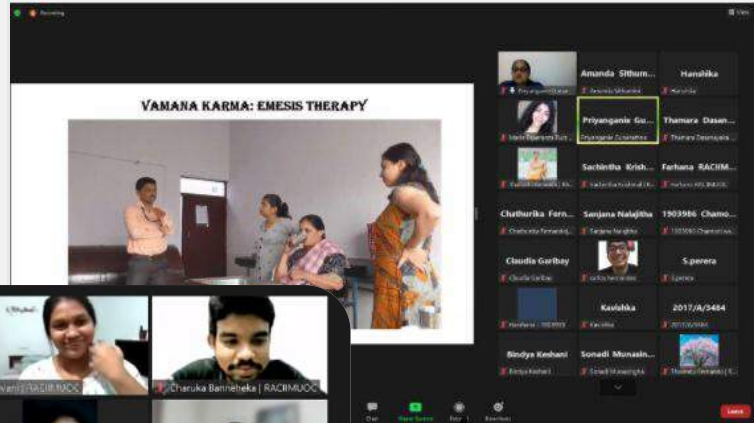
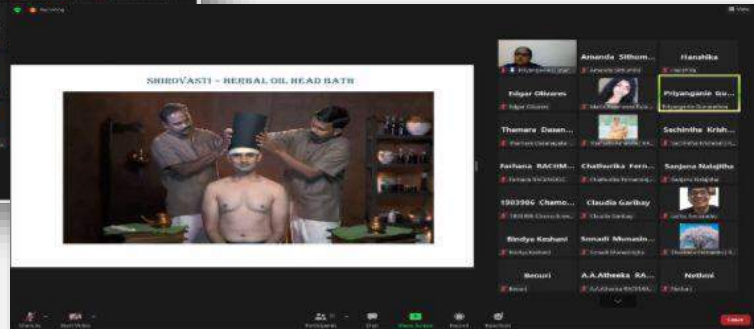
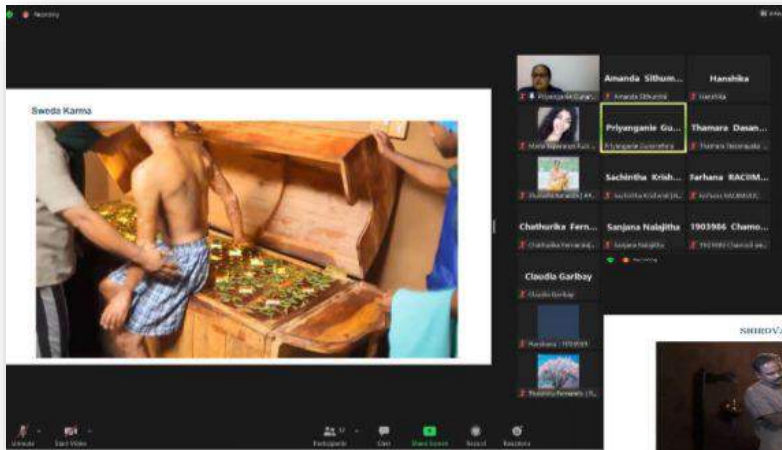
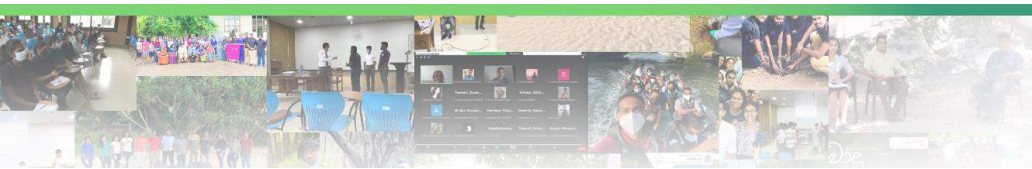
#### ➤ Project Description

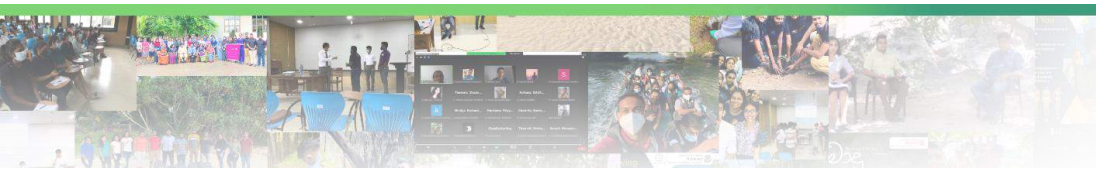
Project “NAADI” was conducted with the intention to raise awareness about the traditional medical systems of Ayurveda and Unani medicine among the global community under the theme “healing the world with herbs”. The project was done with the participation of Rotaractors from the Rotaract Club of Ica Sur, Peru. Project “NAADI” happened virtually due to the current pandemic situation and it consisted of five webinars, an article writing competition and an informative poster campaign. The webinar series covered the following topics; “golden daily vibes for a strong life span”, “dietary patterns for a healthy life”, “Panchakarma treatment”, “six essential factors for life”, and “Hijama therapy”, providing the exposure on how traditional medicine expedites healthy lifestyle emphasizing and how traditional therapies can aid in the ailment of diseases. The article competition on “indigenous medicines and philosophies” provided the opportunity for the local students to exhibit their expertise on the said topics while creating a platform for the international participants to gain more knowledge. The project has enabled us to create a positive attitude towards traditional medicine in the international community, created networking opportunities for the local students, and built a platform to share traditional knowledge.

#### ➤ Project Chair - Rtr. Sithumini Vilojana









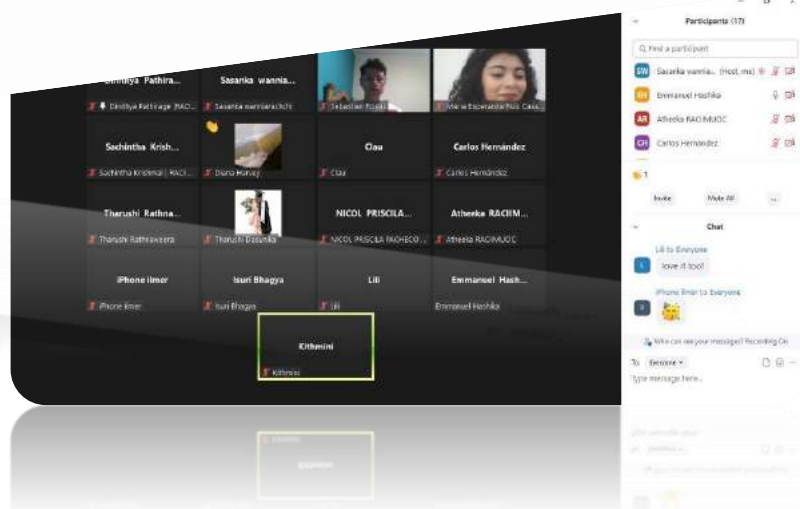
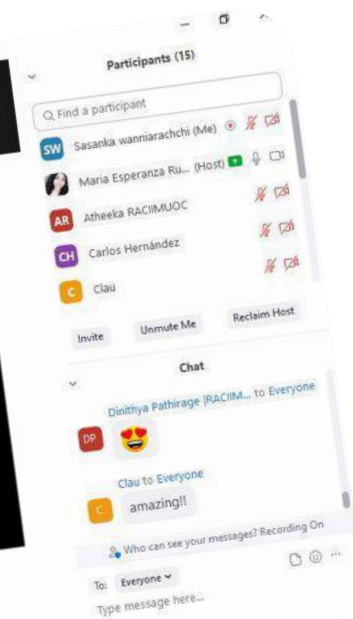
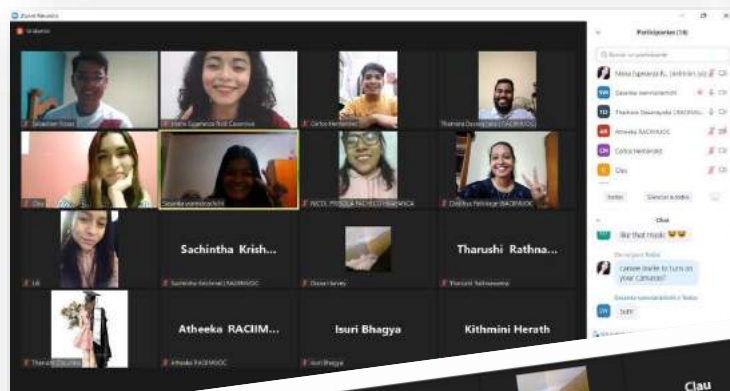
# Project Talentia

Project talentia is a programme that making a platform to showcase the talents of the members of Rotaract club of Institute of Indigenous Medicine, University of Colombo and Rotaract Club of Ica Sur of RID 4455 which is organized under Avenue of International Service.

We have Completed the project on 31st of May. Their members of both rotaract clubs Came forward and perform their talent. Their we Sing songs, Exchange the meaning of the songs, Discuss the similarities can be seen in traditional songs of both countries.

- Main avenue - International Service
- Project chair - A.A Atheeka
- Project Secretary - Farhana Sakkaf
- Project Type - Joint project
- Main Objectives -
  - To Showcase the talents of the members of Rotaract Clubs
  - To Develope the Fellowship between 2 Rotaract Clubs







# Professional Development

## Club Projects

### Project සහරුත් සභා

#### ➤ Project Description

The project Sahruth Sabha was an Entrepreneurship development programme. It was included four segments. First segment was about awareness lecture on entrepreneurship by a well-known entrepreneur speaker including what is entrepreneurship, how to identify business opportunities, how to involve on particular business matter which is most suitable for own. It was done by Dr. Rukmal Weerasinghe, Senior Lecturer/Development of Entrepreneurship, Faculty of Management Studies and Commerce, University of Sri Jayawardhanapura.

The second segment was about awareness speech on various job opportunities in the field of both ayurveda and unani by lecturers of institute and what are the particular fields that we can explore and how to gain knowledge. It was conducted by Dr. Swarna Hapuarachchi, Senior Lecturer of Institute of Indigenous Medicine, University of Colombo and Prof. Fahamia, Senior Lecturer of Institute of Indigenous Medicine, University of Colombo.

The third segment is about introducing a new entrepreneur in the institute and sharing his experiences with students in our institute. Dr. Sujeewa Withanage, Chairman of Sethsuwa Pranajeewa co. Ltd. shared his experiences with us like that.

Fourth segment is about the management of business. When we started a business according to our above sessions, then we should know how to manage a business.

- Main avenue-Professional Development
- Project type-club project
- Project chair-Rtr. Tharushi Rathnaweera
- Project secretary -Rtr. Erangi Osandara

#### ➤ Project objectives-

- Give ideas about entrepreneurship to club members as well as students of Institute of Indigenous medicine.
- Encourage the students to start up a carrier on their own.
- Introduce the business opportunities in the field of Ayurveda.
- Introduce the products of new entrepreneurs in institute and develop enthusiasm among the students and encourage them by sharing experience and ideas of new entrepreneurs.
- Give ideas about how to manage a business.
- Give ideas about a one side for doing a business like food products.





- Sustainable development goals - Quality Education
- Main citation - career guidance
- Rotary focus area - Basic education and literacy
- Project duration - from 28th July 2021 to 25th of February 2022
- Other goals - Improving the Entrepreneurship



University of Colombo  
**Rotaract**  
Institute of Indigenous Medicine

## සමහර සහ!

"It's necessary to find a mentor who can invest time to know your personal capabilities and business model."  
- Nigel Davies, Founder of Claramentis

**Awareness session on job opportunities in Ayurveda**

**HAPPENING NOW**  
Via zoom

**Dr. Swarna Haj**  
Senior lecturer of Inst Indigenous Medicine, of Colombo

University of Colombo  
**Rotaract**  
Institute of Indigenous Medicine

## සමහර සහ!

"It's necessary to find a mentor who can invest time to know your personal capabilities and business model."  
- Nigel Davies, Founder of Claramentis

**Do you know How to Manage a Bussines? Lets Get To Know The Basics**

**HAPPENING NOW**  
Via zoom

**Mr. Tharindu Ameresekere**  
Senior Lecturer, PG Institute of Management-USJ

University of Colombo  
**Rotaract**  
Institute of Indigenous Medicine

## සමහර සහ!

"It's necessary to find a mentor who can invest time to know your personal capabilities and business model."  
- Nigel Davies, Founder of Claramentis

**Awareness session on job opportunities in Unani**

**HAPPENING NOW**  
Via zoom

**Prof. Fahamia**  
Senior lecturer of Institute of Indigenous Medicine, University of Colombo



## Project Ayur ඔසු දිරිය

### ➤ Project Description-

This project is a drug cultivation programme initiated by Rotaract Club of Institute of Indigenous Medicine University of Colombo targeting promotion of herb cultivation. The key motive of this project is to support and create awareness within the society regarding drug cultivation and creating demanding for herbal drugs while uplifting the value of herbal drugs through organic cultivation. The project is conducted in two phases. The first phase is the cultivating herbs in Ayurvedic Hospitals. First of them, it is the National Ayurvedic Teaching Hospital in Borella. By using the free lands in these hospitals, we cultivate different essential shortage drugs. The second phase is the cultivating most essential medicinal plants like Heen Bin kohomba, Babila, Heen aratta in the Weligatta Modern Herbal Garden by collecting seeds from many areas in the country through students of the Institute of Indigenous Medicine. According to the instructions of resource persons, seeds are planted in nurseries at the garden of Institute premises, by the committee members, to transport them to Waligaththa after become seedlings. And then distributing the plants to unemployed people and farmers in Waligaththa area until getting the harvest. After the harvest, I donate them to the Hambantota Ayurveda Hospital and sell the rest to the other drug stalls in Hambantota Areas.

- Main avenue - professional Development
- Project type - club project
- project chair - Rtr. Nawanjana Disanayaka
- project secretary - Rtr. Isuri Nawanjani
- project treasurer - Rtr. Chamudi Tennakoon
- project objectives -

#### Phase 1 :

1. Getting the maximum usage of uncultivated and unused land in the hospital premises.
2. Providing low cost, high quality drugs to the patients.

#### Phase 2 :

1. Supplying high demanding drugs to the Ayurvedic hospitals and other drug stalls which have drug scarcity.
2. Focusing farmers who suffered from insufficient income to earn extra income.
3. Giving awareness to village community about herbal drugs.
4. Improving the drug standardization

### ➤ Sustainable development goals-

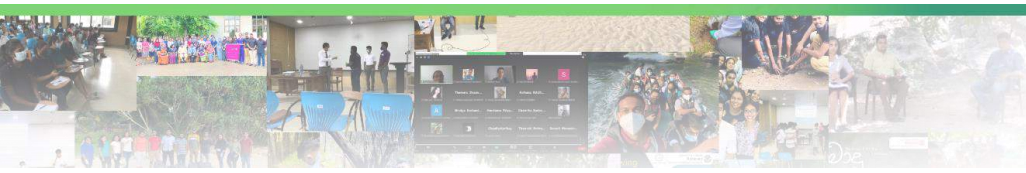
#### Phase 1 :

1. Good Health and wellbeing

#### Phase 2 :

1. Industry, Innovation and Infrastructure
2. Good health and wellbeing





- main citation - Training and skill development
- Rotary focus area - Disease prevention and treatment
- project duration - from 28th of July 2021 to 27th of May 2022
- other goals -
  - to make a more sustainable long term impact on herb cultivation and uplift the value of raw materials helping indigenous Medicine users to enjoy a safe and quality output all through out the year.

Phase 1:

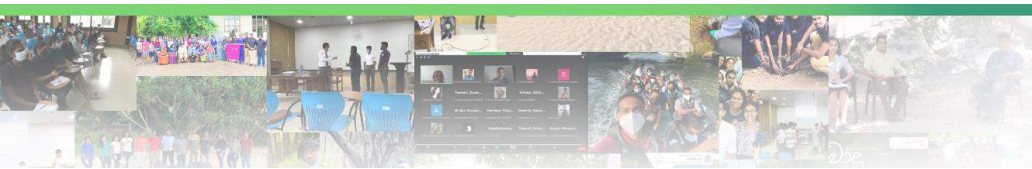
- As a remedy for the drug shortage during the crisis, improving the supply of high quality drugs at a low cost.

Phase 2:

- Upliftment of unemployed people and give solutions for drug scarcity.











## Project Legeritize

### ➤ Project Description-

The project legeritize was an English language development programme initiated by Rotarac Club of Institut of IndIgenous Medicine University of colombo This was included with motivational speeches, presentations , funny games and events and stress releasing events. .This workshop was conducted by Saman Wanasinghe,Senior lecturer of university of colombo and the director of carrier guidance.He did so many activities to improve our presentation skills. First he motivated us and divided us into small groups by playing funny games. Then we did funny events in group wise.Then he taught us about planning presentations and steps. Finally we all danced and relaxed.

### ➤ Main avenue - Professional Development

#### ➤ project type - club project

#### ➤ project chair - Thavindu Deshan

#### ➤ project secretary - Ayeshika Alwis

### ➤ project objectives-

- Develop the linguistic ability to introduce their skills to the world by introducing various short forms, modern and attractive methods required to enhance the English language proficiency.
- Build the participants' English speaking confidence.
- Motivate the audience by the lecture of the guest speaker.
- Make the awareness of valuable opportunities available in sri Lanka and in the world through the English language proficiency.
- Use English effectively for study purposes in their curriculum.
- Demonstrate how participant can acquired the English Language skill which they need to share their subject knowledge With the world.
- Communicate effectively and appropriately in real situations.
- Develop and integrate the use of the four language skills. (i.e. Reading, Listening, Speaking and Writing.

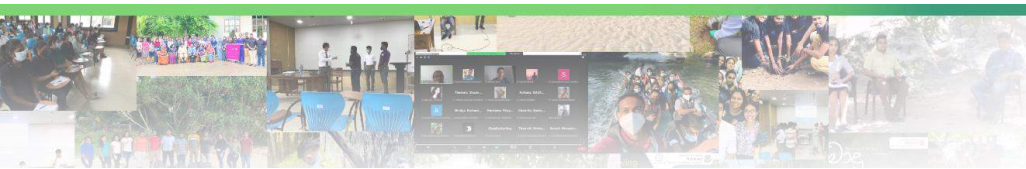
### ➤ Sustainable development goals - Quality Education

### ➤ Main citation - Personal development

### ➤ Rotary focus area - Basic education and literacy

### ➤ project duration - from 2nd of February 2022 to 29 th of May 2022







# Sports and Recreational Activities

## Project “VIRTUOSA”

### ➤ Project Description –

Project “VIRTUOSA” focuses on motivate the students of IIM to participate the sports activities within the university and in national levels. It is implemented as an interview. Sports is an important key role of our day to day life. Here we are mainly focusing on support the students who interested in doing sports and motivate others to involve in sports activities.

### ➤ Project Objectives

- Reduce the stress of the students who are involving in sports and studies parallel.
- Motivate the students who haven’t take part in sports activities in their school days.
- Motivate the students who aren’t taking part in sports activities within the university but had took part in sports in school days.
- Encourage our talented colleagues to achieve more victories and awards (medals, cups)
- Organizing the sessions host by the champions of the colours night of University of Colombo.
- To collect the information about the athletes in IIM who had got awards in several levels of sports in school or universities.

### ➤ Other Goals -

- Enhancement of the mental health of the students to actively participate in sports competition and other sports activities
- Promotion of physical health of the students by involved them in sports
- Achievement of more and more awards for IIM, University of Colombo and individually to the students of our university
- Identification of shining stars of IIM in the field of sport
- Increasing the number of the members to support our project.

### ➤ Project Chair - K.Tharushi Dasunika

### ➤ Project Secretary - Fathima Shifaka

### ➤ Project Treasure - Chamika Kaushalya Adhikari







# TogetherSL

## Phase One

Following the survey done and discussion of the case study, meetings among the host clubs confirmed the lapse in the awareness of mothers on key areas of contraception, immunization and nutrition. Thereafter we discussed the methodologies to generate the awareness among the mothers. We finalized a panel discussion followed by a Q and A session among mothers to be the best method to bridge the lapses in knowledge.

The Rotaract Club, Medical Faculty following discussion with Obstetricians and Gynaecologist, Dr Mrs Niyas and Consultant Paediatrician Dr Wimalasena developed validated power point presentations consisting of necessary guides for the pregnant mothers and mothers with children under the age of five.

It was decided to conduct the awareness session with help of medical students of the University of Colombo as resource people. We took the initiative to invite 4 medical students as well finalizing the information to be shared during this event. The MoH was contacted and information to the villagers in Yatiyanthota was relayed via the MoH. Following discussion with the MoH and the villagers, a convenient day when availability worked on all parties was decided as 8th January 2022. The village temple was obtained as the venue for the event following discussion with the head priest and it was made ready for the awareness session in Yatiyanthota.

On the day of the programme, the clubs travelled to Yatiyanthota after making arrangements for the awareness session including projectors, laptops, sheets of paper to be distributed for the Q and A session and refreshments.

The awareness session was completed on the 8th of January, 2022 with the participation of medical students from the University of Colombo as resource persons, and the Rotaract Clubs of American National College (ANC), Achievers Lanka Business School, NIBM, Colombo, Colombo Uptown, Colombo North, Faculty of Law - University of Colombo, Faculty of Med

icine - University of Colombo, Wellawatte, Singer Sri Lanka, NSBM, Institute of Indigenous Medicine - University of Colombo and Saegis Campus. There were 50+ participants from the community (Pregnant mothers and Mothers with children under the age of 5) Following areas were covered.

- Contraception
- Immunization
- Nutrition
- Growth and Development





This was followed by a question and answer session with regards to Maternal and Child Health. The Q and A session was successfully mediated. Common myths and misconceptions were tackled during the Q and A session including the following

- Cancer Risk with Contraception
- Disease risk with Vaccination
- Nutritional myths and misconceptions among pregnant women when it came to meats and specific fruits
- Superiority of Formula over Breast Feeding

Contact details of the mothers who present were gathered in order to share further knowledge in the future. In addition, we also requested the mothers to carry forward the information to their families and friends to ensure there is continuous spread of the correct knowledge. The contact detail of a representative from the Medical Faculty was shared so the participants had the opportunity to pursue further information especially private problems that some mothers had. Some such issues that came up included:

1. Immune compromised child who required information on available services for her kid
2. Child with cleft palate who was referred to Lady Ridgeway hospital

Following the session, we received positive feedback from the participants and the MoH clinic. The awareness session concluded with a fellowship break in the river of Yatiyanthota.







The second phase planning of Project Maathru was finalized during the first phase, where multiple problems and solutions to be executed were suggested by the contact points and locals of Kithulgala. Later after the a visit, the team had few discussions regarding the issues identified and the respective feasible solutions. The most important problem that was identified was the shortage of seating capacity for pregnant mothers who visit the clinic for regular checkups. The seating capacity was only 16, while the count of patients going for checkups on a specific day during a specific time slot is above 30. In order to overcome this challenge, the team analysed and decided to build an extension of the building using the space available near the main clinic. Even though the area had to be cleaned and also the waterline passing by to be changed, we proceeded to do so due to ease of access from the waiting area to the clinic. After communicating to the midwife that we will be proceeding to build the extension, we started searching for a local construction team and then proceeded to get an estimate to complete the entire extension.

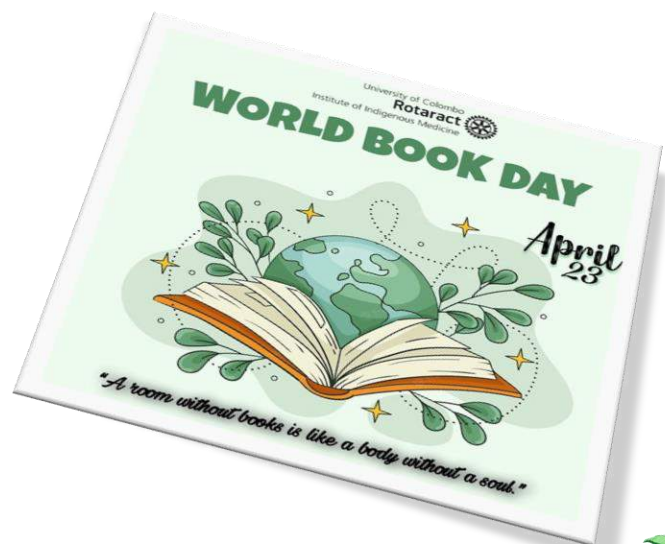
With the help of nearby locals and midwife, a construction team was hired for the project. Parrellarly in order to raise funds, a marketing porposal was made to approach potential donors and sponsors. ALso the clubs agreed to contribute a part of the sum to be collected. Soon as the initial set of funds started collecting, by making an initial payment ot the construction crew, the work for buidling the extension area began. After few weeks, our team visited the venue to see the progress and what else was required for completion of the extesnion. With two more payments done, a sum of 308,000 Rs has been made to the construction crew and the extension area is closing to completion. The raw materials for the project have been purchased from a local hardware shop close to the clinic.

Due to the current economic crisis and inflation of the country, the prices of Raw Material and Labour expenses have risen up, which eventually increases the previous estimate made for the project. The project is now on hold as the financial requirments to be settled to the consturction team is pending for the completion of the building. The project team is actively searching for potential donors to raise the funds and comeplte the project. The extension of the buidling is expected to be completed in the month of November 2022 and planned to have an opening ceremony of the buidling too.



# PUBLIC RELATIONS EFFORTS

- Publish the posts and captions on facebook, Whatsapp, instagram and linkedin on right time and date
- Upload countdown posts at least four days in advance
- Use the hashtag correctly for relevant posts
- Be sure to include the caption and the name of the post creator and captions creator under the relevant caption
- Upload at least 12 posts in a month
- Taking action to make everyone aware of relevant special programs
- Informing the relevant club members about the relevant program before the relevant dates
- Publish a thank you post at the end of the programs
- Distribute links to relevant club members for relevant posts uploaded at the end of the program





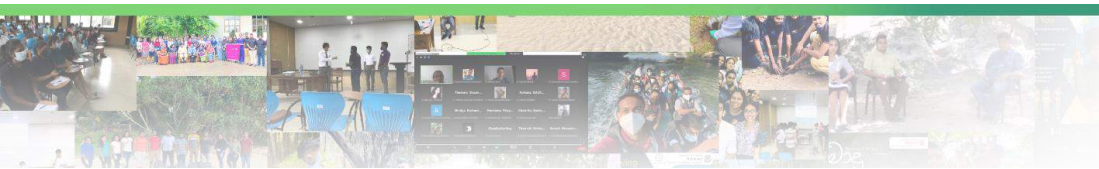
# ROTARY FAMILY COORDINATION

## Other Rotaract club initiatives/meetings

- Learn and Earn  
Date - August 11th, 2021  
Host Club - Rotaract Club of Rathnapura  
Number of Participants – 01
- As we unite for her  
Date - August 15th, 2021  
Host Club - Rotaract Club of Kandy  
Number of Participants – 01
- Virtual Voice  
Date - August 22nd, 2021  
Host Club - Rotaract Club of Kandy  
Number of Participants – 01
- First Impression  
Date - August 23rd, 2021  
Host Club - Rotaract Club of Achievers Lanka  
Business School  
Number of Participants – 02
- Learn and Earn  
Date - September 01st 2021  
Host Club - Rotaract Club of Rathnapura  
Number of Participants – 03
- Lets speak with hands  
Date - September 16th, 2021  
Host Club - Rotaract Club of  
University Alumni  
Number of Participants – 01
- International service workshop  
Date - September 18th, 2021  
Host Club - Rotaract Club of Colombo Heritage  
Number of Participants – 01







- Mission Project Report  
Date - January 10th, 2029  
Host Club - Rotaract Club of Colombo West  
Number of Participants – 08
- Gent Championship  
Date - February 12th, 2022  
Host Club - Rotaract Club of  
CINEC Campus  
Number of Participants - 09
- Rivera  
Date - March 26th, 2022  
Host Club - Rotaract Club of  
University of Colombo, Faculty of Management and Finance  
Number of participants - 02

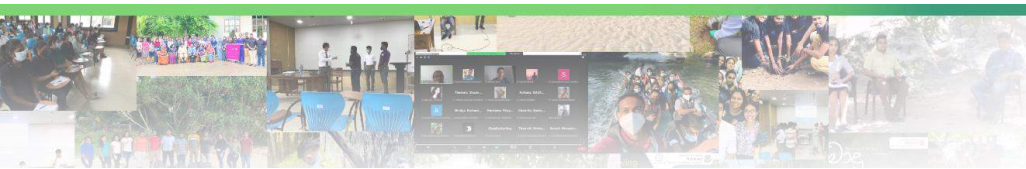
### Rotary Club or Rotary District initiatives/meetings

- Instalation  
Date - February 24th 2022  
Host Club - Rotary club of  
Kalaniya  
Number of participants – 02

### District Council meeting Attendance

July  
August  
September  
October  
November  
March  
May





## Rotaract District initiatives/meetings

- Avenue Directors'  
Training Seminar  
(ADTS) - 2021-22  
Date - July 25th, 2021  
Number of Participants - 15
- E-Arena Phase 01  
Date September 25th, 2021  
Number of Participants - 04
- 31st Rotaract District  
Assembly  
Date - January 11th, 2016  
Number of Participants – 15
- Special District Council Meeting  
(DCM) - January  
Date - January 22nd, 2022  
Number of Participants – 01



Rotaract District Organization 07601013604X25ARD	රොටරැක්ට් සංවිධාන පත්‍රය <b>DEPOSIT SLIP</b> 																																												
Depositor's Name: <b>Rotaract District Organization</b> Address: <b>07601013604X25ARD</b> City: <b>Colombo</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th colspan="4">For Cash Deposits</th> </tr> <tr> <th colspan="4">Other Currencies (Please Specify)</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td>x 5000</td> </tr> <tr> <td></td> <td></td> <td></td> <td>x 2000</td> </tr> <tr> <td></td> <td></td> <td></td> <td>x 1000</td> </tr> <tr> <td></td> <td></td> <td></td> <td>x 500</td> </tr> <tr> <td></td> <td></td> <td></td> <td>x 200</td> </tr> <tr> <td></td> <td></td> <td></td> <td>x 100</td> </tr> <tr> <td></td> <td></td> <td></td> <td>x 50</td> </tr> <tr> <td></td> <td></td> <td></td> <td>x 20</td> </tr> <tr> <td></td> <td></td> <td></td> <td>x 10</td> </tr> </tbody> </table>	For Cash Deposits				Other Currencies (Please Specify)							x 5000				x 2000				x 1000				x 500				x 200				x 100				x 50				x 20				x 10
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<p>Please complete the "Additional Details" required overleaf for deposits in excess of Rs. 200,000/- made by a person other than the Account Holder.</p> <p><b>*CASH DEPOSIT* DD00041</b></p>	<p>ආදේශකයාගේ අතිරේක විස්තර ලියන්න</p> <p>අතිරේක විස්තර (විශේෂයෙන්ම රුපියල් 200,000/- ඉක්මවා ගිය දෙපósitos සඳහා වලංගු වේ)</p> <p>Depositor's Signature: _____</p> <p>Date: _____</p>																																												








## Audited Club Accounts for the year 2021-22

As we are chartered on 27 th of 2021, there were no money handling occurred during the rotaract year 2020 -2021. Attached is the proof signed by president of the sponering rotary club.

	
Rtr. Shehara Kaluarachchi, President, Rotaract club of IIMUOC.	
Rtr. IPP Nimesha Jayamanne Rotaract district Treasurer Rotary international district 3220 Sri Lanka and Maldives	
Dear district Treasurer Rtr. IPP Nimesha Jayamanne,	
<u>Audited accounts of RAC IIMUOC for Rotary year 2020/2021</u>	
Rotaract club of Institute of Indigenous Medicine, University of Colombo hereby confirm that no money handling had happened during the Rotary year of 2020/2021 by the Rotaract Club of Institute of Indigenous Medicine, University of Colombo.	
The Rotaract club of IIMUOC was chartered in the month of April in the year 2020. The club has not still opened a current account or savings account on behalf of the club.	
There was no money handling that had been done throughout the year of 2020/2021 by our immediate board Headed by our board.	
Thank you.	
	
Rtr. Shehara Kaluarachchi President RAC IIMUOC 2020/2021	Rtr. Pasindu Lakshan de Silva Treasurer RAC IIMUOC 2020/ 2021
	
Yobendrakumar Mahalingam President Rotary club of Kalaniya	

President  
Rtr. Tamara Dasanayaka  
Contact no : 071-4016535  
Email : thamaradasanayaka509@gmail.com

Secretary  
Rtr. Chathurya sooriya bandara  
Contact no : 076-6235772  
Email : jayanapsi97@gmail.com

Rotaract club of IIM UOC,  
Institute of Indigenous medicine,  
University of Colombo.  
Email : rotaract.iim.uoc@gmail.com



## Club Accounts for the year 2021-22

### Project Account Summary

Description		Surplus/ (Deficit)**
Project Adhyartha	Community Service	0
Project Madhu Ganga	Community Service	0
Project Niwarana	Community Service	0
Project Utilize	Club service	0
Project Colectio"22	Club Service	0
Project The new Normal	Club Service	0
Project Virtuosa	Sports and Recreational	0
Project Nadi	International Services	0
Protect Tanlentie	International Services	0
Project STS back to School	District Project	0
Net Project Surplus/(Deficit) for the year		0
Surplus/Deficit brought forward from 2020-21 (Opening balance)		0
Surplus/Deficit carried forward to 2022-23 (Closing balance)		0



Administrative Account Summary

Description	Surplus/ (Deficit)**
District Dues	0
RCL	0
32nd Rotaract District Conference	0
Pets and Sets	0
Rotaray one million trees Project	0
Net Administration Surplus/(Deficit) for the year	0
Surplus/Deficit brought forward from 2020-21 (Opening balance)	0
Surplus/Deficit carried forward to 2022-23 (Closing balance)	0







## Statement of Income and Expenditure

Description	Notes	Amount
<b>Income</b>		
Club dues		0
Total Surpluses from Projects		0
Other Administration Income		0
Zoom link Donation		500
Cash Received from Tshirts project for administrative expence		114600
Donations received for Rotaract One million Trees		5000
Donations received for RCL		10000
Donations received for Rotaract Pets and Sets		17000
Doantions received for Ayur osu diriya		5400
Doantions received for Collectio"22		1200
Donations received for Project Madu Ganga		18650
Donations Received for Project saht Sabha		6000
Donations received for STS Back to school Initiative		9000
Donations received Rotaract District Conference		7500
<b>Total Income</b>		<b>194850</b>
<b>Less: Expenditure</b>		
District Dues		4,000
Total Deficits from Projects		0
Rotaract District Conference		7500
Rotaract Pets and Sets		17000
Rotaract One million Trees		5000
RCL host club Contribution		15000
RCL regsitrations fees		5100
Cinec Cricket Festival		3000
Zoom Link Payment		500
Tshirt Project for Administrative expences		97500
Expences Project Ayur osu Diriya		5400
Expences for Project Madu Ganga		18650
Expences for Project Sahrt Sabha		6000
Expences project Colectio"22		1200
Expences Project STS Back to School Initiative		9000
<b>Total Expenditure</b>		<b>194,850</b>
<b>Net Surplus/(Deficit) for the year</b>		



Statement of Financial Position

Description	Notes	Amount
<b>Assets</b>		
Receivables		0
Cash and Cash Equivalents		0
[Other Assets]		
Total Assets		0
<b>Net Surplus/Deficit</b>		
<b>Administration Account Summary</b>		
Opening Balance		0
(Surplus)/Deficit for the Year		0
Closing Balance		0
<b>Project Account Summary</b>		
Opening Balance		0
(Surplus)/Deficit for the Year		0
Closing Balance		0
<b>Liabilities</b>		
Payables		0
Accruals		0
[Other Liabilities]		
Net Surplus and Liabilities		0



Summary of Receivables and Payables

Receivables (Dr)		Payables (Cr)	
Description	Amount	Description	Amount
<b>Project Receivables</b>		<b>Project Payables</b>	
Project Adhyartha	0	Project Adhyartha	0
Project Madhu Ganga	0	Project Madhu Ganga	0
Project Niwarana	0	Project Niwarana	0
Project Utilize	0	Project Utilize	0
Project Colectio"22	0	Project Colectio"22	0
Project The new Normal	0	Project The new Normal	0
Project Virtuosa	0	Project Virtuosa	0
Project Nadi	0	Project Nadi	0
Protect Tanlentia	0	Protect Tanlentia	0
Project STS back to School	0	Project STS back to School	0
<b>Administrative Receivables</b>		<b>Administrative Payables</b>	
District Dues	0	District Dues	0
RCL	0	RCL	0
32nd Rotaract District Conference	0	32nd Rotaract District Conference	0
Rotary 1 million Trees	0	Rotary 1 million Trees	0
Pets and Sets	0	Pets and Sets	0
<b>Total receivables</b>	<b>0</b>	<b>Total payables</b>	<b>0</b>







## Approval of unaudited accounts from rotary club

**Club Unaudited accounts** Inbox x

**Rotaract Club of Institute of Indigenous Medicine** Sun, Jun 12, 10:52 AM (2 days ago) ☆

Dear Yohendrakumar, Hope you are doing well Attached below are the unaudited Club accounts for the year 2021/22 which needs your approvals for the annual report

**M.Yohendrakumar Yohendrakumar** Sun, Jun 12, 11:02 AM (2 days ago) ☆

Rn. Radley will go through it and will send the consent.Please bearup.regards, M. Yohendrakumar President RC Kealaniya No: 57, Grandpass Road, Colombo 14, Sri L

**M.Yohendrakumar Yohendrakumar** Sun, Jun 12, 7:53 PM (2 days ago) ☆

Dear president, since we have not given sufficient time, we were not able to go through with your request.However,due to your deadline, I'm approving your reque

**Rotaract Club of Institute of Indigenous Medicine** <rotaract.iim.uoc@gmail.com> Sun, Jun 12, 8:27 PM (2 days ago) ☆ ↶ ⋮

to M.Yohendrakumar ▾

Noted with thanks.

\*\*\*

↶ Reply

➦ Forward



## Annexures

### Annexure 1 - Details of the Club membership

