

**World Ayurveda Day commemoration 2024**  
**Inter faculty Oratory Competition organized by the Faculty of  
Indigenous Medicine, University of Colombo.**

**Rules and Regulations**

1. Open only to students who are currently studying at the Faculty of Indigenous Medicine, University of Colombo or Faculty of Indigenous medicine, Gampaha Wickramarachchi University of Indigenous Medicine or the Faculty of Siddha Medicine of University of Jaffna; or Eastern University can participate in the competition. Any student who is registered by 15.09.2024 and studying in any professional or year at the above faculties can apply.
2. Preliminary round of the competition will be conducted and evaluated based on the recorded video clips of the speeches.
3. Final round will be conducted physically in person.

**Preliminary round rules and regulations.**

- i. Preliminary round of the competition will be conducted and evaluated based on the recorded video clips of the speeches. You can present your speech under any topic related to Ayurveda.
- ii. Maximum duration for the video clip should be 2 minutes. Videos which are not align with the conditions will be disqualified.
- iii. No any additional technical aids are allowed in your video clips except for the recording. Additional audio, video and symbols should not be included in your presentation. Background of the video should not hinder the clarity of the video.
- iv. Contestants should wear an appropriate attire suitable for the University academic.
- v. Recording of video must be done using mobile phone or camera and submitted as a mp4 format in landscape mode. ( Not exceeding 30MB)
- vi. Submission of videos : Completed video clip must be attached to the provided google form along with the contestant name and the registration number on or before 2024.10.01 (9.00p.m.)
- vii. Overall evaluation will be based on the language proficiency, body language ( gestures and postures) , and rhetorical skills.
- viii. Opening and closing of the speech will not be evaluated. It is not compulsory to mention the topic of the speech as it is mentioned in the google form.
- ix. A contestant can submit only one video clip. If submission is noted more than one , only the first submission will be considered.
- x. In order to enhance the quality of the competition, kindly submit the video on time. Submission after the deadline will not be considered.
- xi. Number of rounds of the overall competition will be decided as per the number of submissions received.

- xii. Medium – Sinhala, Tamil or English ( Three separate oratory competitions will be conducted based on the medium)
- xiii. Important deadlines and links -
- a. Submission of the application – 25.09.2024  
[https://docs.google.com/forms/d/1tbUSRhGM8Nkc7Q\\_3ulp7mmr2uXy\\_YmezLDPlcYFYUKU/edit?edit\\_requested=true](https://docs.google.com/forms/d/1tbUSRhGM8Nkc7Q_3ulp7mmr2uXy_YmezLDPlcYFYUKU/edit?edit_requested=true)
  - b. Submission of the video – 01.10.2024  
[ayu.oratory123@gmail.com](mailto:ayu.oratory123@gmail.com)

For further information

Event coordinators for the Ayurveda Day Oratory competition

Dr. PASN Silva - 0772653123

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Dr. ST Rajapaksha - 0710640285

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