



# Student Guide Book

Elective Placement Programs for Overseas Medical Students



Faculty of Indigenous Medicine, University of Colombo, Sri Lanka

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### **Introduction**

The faculty of Indigenous Medicine, University of Colombo extended the elective placement programs to overseas undergraduates in medical and allied health sciences to experience the Sri Lankan perspective of health in an atmosphere of academic excellence.

University of Colombo, being the number one higher education institute in Sri Lanka, achieves an excellent reputation in the world for research & innovation and teaching excellence since 1921 (<https://cmb.ac.lk/rankings>). The Faculty of Indigenous Medicine of the University of Colombo is the pioneer education institute in the Indigenous Medicine field. With 95 years of history, the faculty is engaged with undergraduate and postgraduate training in Ayurveda medicine and Unani medicine. We have joined hand in hand with the largest and leading Ayurveda hospital in Sri Lanka situated just opposite to the faculty premises.

### **Intended Learning Outcomes of the Elective Program**

1. To increase knowledge, skills and attitudes in an area of interest
2. To critically evaluate the area of interest selected for the elective
3. To suggest one's own solutions to the problems / issues identified based on critical evaluation
4. To take responsibility for one's own learning
5. To broaden own perspective of life

### **Eligibility for admission**

The elective program at the faculty of Indigenous Medicine, University of Colombo is administered by the Deans office and coordinated by the faculty coordinator of the International Unit, University of Colombo. Students that are registered to a recognized Ayurveda medical or allied health science degree in an overseas university or medical school are eligible to apply.

The applicant should possess basic knowledge and prior experience in the discipline in which he/she has applied to do an elective.

A supporting letter from Dean/Director or a competent authority of the registered institute should be sent along with the application.

### **Available programs**

**Department of Kayachikitsa and Deshiya Chikitsa (Department of Ayurveda Medicine and Indigenous Medicine)**

1. Kaya Chikitsa (Ayurveda general Medicine)
2. Nidana muladharmā / Vikriti Vignana (Ayurveda Pathology)
3. Chikitsa muladharmā and Panchakarma (Fundamentals of Therapeutics and Panchakarma)
4. Deshiya Chikitsa (Indigenous medicine of Sri Lanka)

**Department of Shalya Shalakya and Prasutitantra Kaumarabhrithya (Department of Ayurveda Surgery, ENT, Ophthalmology and Gynecology, Obstetrics and Pediatrics)**

1. Balaroga (Ayurveda Pediatrics)
2. Streeroga Prasuthithntra (Ayurveda Gynecology and Obstetrics)
3. Shalya (Ayurveda surgery)
4. Shalakya ((Diseases of Head and Neck including Ophthalmology, Ear, Nose, Throat and Dentistry)

**Department of Dravyaguna Vignana and Swasthavritta (Ayurveda Pharmacology, Pharmaceutics, and Community Medicine)**

1. Dravyaguna Vignana (Ayurveda Pharmacology and Therapeutics )
2. Bahisajja Kalpana (Ayurveda Pharmaceutics)
3. Rasa shastra (Alchemy)
4. Herbal drug standardization, research and development
5. Pharmacovigilance and Drug safety
6. Swastavrutta & Yoga (Ayurveda Community Medicine),
7. Agada tantra and Voharikavadya (Toxicology and forensic medicine)

**Department of Maulika Siddhanta and Shareera Vignana (Department of Basic Principles, Ayurveda Anatomy, and Physiology)**

1. Sharira Rachana (Anatomy, including cadaver dissection)
2. Shareera Kriya (Physiology and Biochemistry)
3. Padartha Vignana (Ontology) and Ayurveda Itihasa (History of Ayurveda)
4. Sanskrit
5. Maulika Siddhanta and Samhita (Basic Principles of Ayurveda)

**Unani medicine**

**Department of Moalejat (Department of Unani Clinical Medicine)**

1. Moalejat (General Medicine)
2. Ilmul Jarahat (General Surgery)
3. Amraz e Ain, Anf, Uzn, va Halq (Diseases of Head and Neck including Ophthalmology, Ear, Nose, Throat and Dentistry)
4. Amraz e Niswan va Qabalat (Gynaecology and Obstetrics)
5. Ilmul Atfal (Paediatrics)

## 6. Deshi Ilaj (Indigenous Medicine)

### **Department of Ilmul Advia (Department of Unani Pharmacology) Mufrad Advia (Unani Pharmacology)**

1. Dawa Sazi (Unani Pharmaceuticals)
2. Kushta Sazi (Alchemy)
3. Tahaffuzi Va Samaji Tibb (Preventive and Social Medicine)
4. Ilmus Sumoom va Tibbe Qanoon (Toxicology and Forensic Medicine)
5. Usool e Tashkhees, Sareeriyat va Ilmul Amraz (Unani Pathology)
6. Kulliyat e Ilaj (Fundamentals of Therapeutics)
7. Falsafa, Tareekh e Tibb va Akhlaqiyya (Ontology and History of Medicine)
8. Urdu va Arabic
9. Al Umoor Al Taba'iyya (Principles of Human Physis)
10. Tashreeh e Badan (Anatomy)
11. Manafi ul Aza (Physiology and Biochemistry)

### **Overview of attachments**

All programs are open for application throughout the year. Admission to a relevant appointment depends on whether the Head of the Department concerned can provide the necessary facilities or supervision during the requested period.

Elective candidates will be attached to the relevant departments according to their selected program and will follow departmental guidelines during the placement.

During the training students will be exposed to various clinical conditions according to the relevant tropics. The student will have the opportunity to be engaged in history taking (most cases are comfortable communicating in English), Physical examination (under supervision), observe Ayurveda treatment procedures, and case-based discussions.

Also, students will be engaged in herbal garden tours, drug development procedures, and teaching based on simulators, slides, specimens, and other teaching learning materials available in the relevant departments. Further, to be an observer of cadaveric dissections in the Anatomy laboratory and practical sessions at the laboratories of other departments.

### **Duration of the elective appointment**

Minimum period will be 02 weeks.

Maximum duration will be 03 months.

### **Completion of the program**

At the end of the program students will be expected to write a reflection on their experience and what they learned in the course. Candidates who successfully complete the course will receive a letter of completion.

**Accommodation**

Students will have to find accommodation on their own as the faculty does not fulfill accommodation requirements. However, accommodation facilities are available close to the university. Food is available in the university canteen.

**Dress code**

Dress in smart professional attire and wear a white hospital coat at all times. Casual wear (i.e. shorts, t-shirts and flip flop) is not permitted.

**Fees**

Registration fee (nonrefundable) – 30 USD

Tuition fee per week – 70 USD

**Refund**

If you wish to cancel your elective, please kindly contact us immediately. If you notify at least 2 weeks before the start of the elective, any paid elective fees will be refunded. The refund process could take up to 3- 4 months. No refund will be given if notification is received less than 2 weeks before the start of an elective or if you withdraw after the elective has begun. There will be no refund of elective fees for students who have to terminate their electives due to any disciplinary action.

**Attendance**

The relevant Department will attempt to contact those absent for 2 consecutive days and if there is no response, the unit will inform their university regarding their absence.

**How to apply**

Application form can be downloaded by the faculty website. You can select up to 03 elective appointments in different disciplines in the order that you would prefer to carry them out. However, the placements will be offered on availability.

Please complete the application form

Attach a professional photograph and a letter from the Dean of your medical school confirming your student status and email along with your application form to [dean@fim.cmb.ac.lk](mailto:dean@fim.cmb.ac.lk)

**Process after application**

All incomplete applications will be rejected at the time of submission or at the time of processing.

Decision on completed application is depend on many factors such as department, elective type, duration, demand at that time, exams time in our faculty, vacations and teaching resources available.

Application processing time would be from 3 – 12 weeks.

If there are any queries regarding the application process or about the elective appointment you prefer, you can you can e mail to us [dean@fim.cmb.ac.lk](mailto:dean@fim.cmb.ac.lk) . for all future correspondence, please quote the elective reference number.



The first notification of acceptance will be the conditional acceptance letter which will be sent to the applicant. In the conditional acceptance letter, you will be requested to pay the fee and submit documents/ information before the deadline.

Once you pay, you will receive a payment confirmation letter and elective confirmation letter from the faculty.

Prior to your arrival you should send us the confirmed arrival date to facilitate your elective appointment in the department. Please note that you should bring true copies of the payment slip, the Deans letter and two photographs.

### **Method of payment**

Payment through the online payment method  
Payments can be made only by USD

#### Account details

The faculty of indigenous medicine,  
University of Colombo, Sri Lanka  
Acc.no. 078-1001-22268432,  
People's Bank,  
YMBA Branch,  
Borella, Sri Lanka

### **Program Committee**

Dean, Faculty of Indigenous Medicine, University of Colombo

Head of the Departments

Representative member, Faculty of Indigenous Medicine, International Unit, University of Colombo

### **Contact details:**

Dean

Faculty of Indigenous Medicine  
University of Colombo

Email: [dean@fim.cmb.ac.lk](mailto:dean@fim.cmb.ac.lk)

Web: <https://fim.cmb.ac.lk/>