



POSTGRADUATE AND MID CARRIER UNIT
FACULTY OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO

POSTGRADUATE DIPLOMA IN PANCHAKARMA

Post Graduate Diploma in *Panchakarma* provides a convenient and accessible pathway to gain in-depth knowledge about various aspects of the traditional *Ayurvedic* detoxification and rejuvenation therapies known as *Panchakarma*. The program has been designed to encompass the complete spectrum of *Panchakarma* treatments, from preparatory stages to specialized therapies, ensuring a thorough understanding of this ancient healing practice.

SLQF Level: 8

Why you should select PG Dip. in Women's Health Development through Ayurveda?

- Establish and enhance comprehensive, clinical trained Ayurveda medical practitioners in the field of *Panchakarma* that can meet the needs of health challenges
- Good investment for Career Development and Financial establishment
- Create more opportunities in global
- Eligible for promotions in Government Ayurveda Medical Officers in Sri Lanka
- A comprehensive course content, expert knowledge, skills development and practical base program
- New dimension for entrepreneurships
- Internationally valid certificate

Eligibility Criteria

- Bachelor of Ayurveda Medicine and Surgery (BAMS)
- Diploma in Ayurveda Medicine & Surgery (DAMS-Ayurveda)
- Diploma in Siddha Ayurveda Medicine & Surgery (DSAMS)
- Completion of one-year internship and has registered under the *Ayurvedic* Medical Council,
- Satisfactory completion of one-year work experience acceptable to the Faculty of Indigenous Medicine
- Foreign candidates: Acceptable Bachelor's degree as determined by the BoS, FIM, UOC

Target Audience

Ayurveda graduates who wish to develop their knowledge and skills in the field of *Kayachikitsa* (Ayurveda Clinical Medicine) and start or/and advance their career in the field of *Panchakarma*.

Course Duration
One Year

Medium
English

Venue
Faculty of Indigenous Medicine
National Ayurveda Teaching Hospital

Lectures & Practical
In class

Program Fee:

Application Fee	LKR	2000.00
Registration Fee	LKR	5000.00
Course Fee	LKR	150000.00
Library Fee (Non-refundable)	LKR	5000.00
Use of Computer Lab	LKR	2000.00
Aptitude Test	LKR	5000.00

Program Outcomes:

- Deliver the b of knowledge, skills, and practices on specific applications of *Panchakarma* therapeutics for the prevention and cure the diseases as trained competent Ayurveda professionals
- Render their services towards health development with improved workforce capacity in program development, education and health services as medical officers, academics, health care providers, and research in state as well as privet sector nationally and internationally.
- Apply hands-on skills efficiently and effectively in the development of management protocols using *Panchakarma*
- Strategize and execute tasks at both professional and managerial levels.
- Demonstrate initiative and personal responsibility in the field of *Panchakarma*
- Conduct independent studies for professional development.

Admission Process

Each applicant should produce a duly completed application obtained from the website /SAR/ DR of the Faculty of Indigenous Medicine on paying non-refundable application fee.

Complete Application forms along with Color photograph (4cm x 3cm background should be Sky Blue jpg format), certified copies of Birth certificate, Degree certificate/ Service certificates/ Internship completion certificate and Bank payment receipt (you are requested to pay the application fee of Rs. 2000.00 for the account number to any branch of People's Bank.) send by registered post or hand deliver the completed application form to the below mentioned address on or before the closing date. The applicant will be selected through an interview or aptitude test conducted by the Faculty of Indigenous Medicine.

Program Structure:

Total Credits: 25

Semester	Course Code	Title	Status	Credits
I	PGDPK 1112	Research Methodology and Statistics	Compulsory	02
	PGDPK 1125	Introduction of <i>Kayachikitsa</i> and <i>Pancha Karma, Purva Karma, Vamana Karma, Virechana Karma and Nasya Karma</i>	Compulsory	05
	PGDPK 1134	<i>Vasti Karma, Rakta Mokshana, Abhyanga</i> and other Massage techniques	Compulsory	04
II	PGDPK 1243	<i>Keraliya Pancha Karma, Kshudra Karma</i> and <i>Shat Karma</i>	Compulsory	03
	PGDPK 1253	<i>Pranavaha, Annavaha, Purishavaha, Mutravaha, Rasavaha, Raktavaha, Mamsavaha, Astivaha Sroto Roga</i> and their management with applied <i>Panchakarma</i> treatment.	Compulsory	03
	PGDPK 1263	<i>Vatavaha, Medovaha, Majjavaha Sroto Roga</i> and their management with applied <i>Panchakarma</i> treatment and other relevant medical care essential for an Ayurveda practitioner	Compulsory	03
I & II	PGDPK 1075	Research project	Compulsory	05

Program Assessment Procedure:

The evaluation leading to the award of the PG Diploma shall consist of the form of assignments and end-of-course examination; the dissertation and the oral examination for the defense of the dissertation.

Each examination shall consist of 05 written papers and 05 continuous assessments of each course unit.

Scheme of Grading by Grade Point (GP).

Contribution by each semester to final GPA:

The performance of a candidate at the course unit shall be evaluated through a combined system of continuous assessment and end-of-course examinations which will be held as end-of-semester examinations.

For the final grading of the program, the continuous assessment and the end-of-semester examination shall be marked out of a maximum mark as given below:

End-of-Semester Examination 60%

Continuous Assessment 40%

A candidate should earn a minimum of 50% of the marks allocated for each component of the assessment i.e. end-of-semester examination and continuous assessment of each course unit.

Breakdown of the marks of the final assessment of the research component

- Conducting research work - 30 marks
- Research Presentation - 30 marks
- Dissertation - 40 marks

For more details:

Course Coordinator

Dr. EDTP Gunarathna

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