



**POSTGRADUATE AND MID CARRIER UNIT**  
**FACULTY OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO**

**POSTGRADUATE DIPLOMA IN PANCHAKARMA**

Post Graduate Diploma in *Panchakarma* provides a convenient and accessible pathway to gain in-depth knowledge about various aspects of the traditional *Ayurvedic* detoxification and rejuvenation therapies known as *Panchakarma*. The program has been designed to encompass the complete spectrum of *Panchakarma* treatments, from preparatory stages to specialized therapies, ensuring a thorough understanding of this ancient healing practice.

**SLQF Level: 8**

**Why should you select Postgraduate Diploma in Panchakarma Development through Ayurveda?**

- Establish and enhance comprehensive, clinical trained Ayurveda medical practitioners in the field of *Panchakarma* that can meet the needs of health challenges
- Good investment for Career Development and Financial establishment
- Create more opportunities in global
- Eligible for promotions in Government Ayurveda Medical Officers in Sri Lanka
- A comprehensive course content, expert knowledge, skills development and practical base program
- New dimension for entrepreneurships
- Internationally valid certificate

**Eligibility Criteria**

- Bachelor of Ayurveda Medicine and Surgery (BAMS)
- Diploma in Ayurveda Medicine & Surgery (DAMS-Ayurveda)
- Diploma in Siddha Ayurveda Medicine & Surgery (DSAMS)
- Completion of one-year internship and has registered under the *Ayurvedic* Medical Council,
- Satisfactory completion of one-year work experience acceptable to the Faculty of Indigenous Medicine
- Foreign candidates: Acceptable Bachelor's degree as determined by the BoS, FIM, UOC

**Target Audience**

Ayurveda graduates who wish to develop their knowledge and skills in the field of *Kayachikitsa* (Ayurveda Clinical Medicine) and start or/and advance their career in the field of *Panchakarma*.

**Course Duration**  
**One Year**

**Medium**  
**English**

**Venue**  
**Faculty of Indigenous Medicine**  
**National Ayurveda Hospital- Borella**

**Lectures: Hybrid mode**  
**Practical: Onsite**

**Program Fee:**

Application Fee	LKR	3000.00
Registration Fee	LKR	5000.00
Course Fee	LKR	208000.00
Library Fee (Non-refundable)	LKR	5000.00
Use of Computer Lab	LKR	2000.00
Aptitude Test		5000.00

## Program Outcomes:

- Deliver the knowledge, skills, and practices on specific applications of *Panchakarma* therapeutics for the prevention and cure the diseases as trained competent Ayurveda professionals
- Render their services towards health development with improved workforce capacity in program development, education, and health services as medical officers, academics, health care providers, and research in state as well as private sector nationally and internationally.
- Apply hands-on skills efficiently and effectively in the development of management protocols using *Panchakarma*
- Strategize and execute tasks at both professional and managerial levels.
- Demonstrate initiative and personal responsibility in the field of *Panchakarma*
- Conduct independent studies for professional development.

## Admission Process

Each applicant should produce a duly completed application obtained from the website /SAR/ DR of the Faculty of Indigenous Medicine on paying a non-refundable application fee.

Complete application forms along with a Color photograph (4cm x 3cm background should be Sky Blue jpg format), certified copies of your Birth certificate, Degree certificate/ Service certificates/ Internship completion certificate, and Bank payment receipt (you are requested to pay the application fee of Rs. 3000.00 for the People's Bank- Borella Branch bearing account number 078-100122268432 with course code 3420054.) send by registered post or hand deliver the completed application form to the below-mentioned address on or before the closing date.

The applicant will be selected through an interview or aptitude test conducted by the Faculty of Indigenous Medicine.

## Program Structure:

Total Credits: 25

Semester	Course Code	Title	Credits
I	PGDPK 1112	Research Methodology and Statistics	02
	PGDPK 1125	Introduction of Kayachikitsa and Pancha Karma, Purva Karma, Vamana Karma, Virechana Karma and Nasya Karma	05
	PGDPK 1134	Vasti Karma, Raktaokshana, and other Massage techniques and Yoga	04
II	PGDPK 1245	Keraliya Pancha Karma, Kshudra Karma and Shat Karma, Pranavaha, Annavaha, Rasavaha, Raktavaha, Mamsavaha, Purishavaha, Mutravaha and their management with applied Panchakarma treatment and other relevant medical care	05
	PGDPK 1254	Medovaha, Astivaha Sroto, Majjavaha, Vatavaha, Shukra vaha sroto roga and their management with applied Panchakarma treatment and other relevant medical care essential for an Ayurveda practitioner.	04
I & II	PGDPK 1005	Dissertation	05

## **Program Assessment Procedure:**

The evaluation for the award of the Postgraduate Diploma in Panchakarma shall consist of continuous assessments (CA), end-semester examinations, and the evaluation of a dissertation. Each module will be assessed through continuous assessments. The end-semester examinations will include written papers for each module. The grading scheme will be based on Grade Points (GP), with contributions from each semester forming the final GPA. A candidate's performance will be evaluated through a combined system of continuous assessments and end-semester examinations.

For the final grading of the program, continuous assessments and end-semester examinations will be marked according to the following allocation:

- End-of-Semester Examination: 60%
- Continuous Assessment: 40%

A candidate must achieve a minimum of 50% of the marks allocated for each component of the assessment, i.e., the end-semester examination and continuous assessment for each course unit.

Breakdown of marks for the final assessment of the research component:

- Conducting research work: 30 marks
- Research presentation: 30 marks
- Dissertation: 40 marks

### **For more details:**

#### **Course Coordinator**

Dr. EDTP Gunarathna Senior Lecturer  
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#### **Senior Assistant Registrar**

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