



POSTGRADUATE AND MID CARRIER UNIT
FACULTY OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO

**POSTGRADUATE DIPLOMA IN KAUMARABHRITYA IN STREE SWASTHASANRAKSHANA
(WOMEN'S HEALTH DEVELOPMENT THROUGH AYURVEDA)**

Post Graduate Diploma in Women's Health Care Development in Ayurveda course is a convenient and accessible way to learn about different factors that affect women's wellbeing. Our experts have developed courses covering all stages of a woman's life, from fertility, pregnancy to child birth, health after motherhood, and menopause.

SLQF Level: 8

Why you should select PG Dip. in Women's Health Development through Ayurveda?

- Global orientation of empowering women through natural healing
- Good investment for Career Development and Financial establishment
- Create more opportunities in global
- Eligible for promotions in Government Ayurveda Medical Officers in Sri Lanka
- A comprehensive course content, expert knowledge, skills development and practical base program
- New dimension for entrepreneurships
- International valid certificate

Eligibility Criteria

- Bachelor of Ayurveda Medicine and Surgery (BAMS)
- Diploma in Ayurveda Medicine & Surgery (DAMS)
- Diploma in Siddha Ayurveda Medicine & Surgery (DSAMS)
- Completion of one-year internship and has registered under the Ayurvedic Medical Council,
- Satisfactory completion of one-year work experience acceptable to the Faculty of Indigenous Medicine

Target Audience

Ayurveda graduates who wish to develop their knowledge and skills in the field of Streeroga & Prasutitantra and start or/and advance their career in women's health care.

Course Duration
One Year

Medium
English

Venue
Faculty of Indigenous Medicine
National Ayurveda Teaching Hospital

Lectures & Practical
In class

Program Fee:

Application Fee	LKR 2000.00
Registration Fee	LKR 5000.00
Course Fee	LKR 150000.00
Library Fee (Nonrefundable)	LKR 5000.00
Use of Computer Lab	LKR 2000.00
Aptitude Test	LKR 5000.00

Program Outcomes:

- Demonstrate a substantive level of knowledge and understanding subject area related to Stree Swastasanrakshana
- Use efficiently and effectively, hands on skill in prepare management protocols for prevent health issues related to women
- Plan and implement tasks at professional and managerial levels
- Exercise initiative and personal responsibility in the field of Stree Swastasanrakshana
- Carry out independent study for professional development

Admission Process

Each applicant should produce a duly completed application obtained from the website /SAR/ DR of the Faculty of Indigenous Medicine on paying nonrefundable application fee.

Complete Application forms along with Color photograph (4cm x 3cm background should be Sky Blue jpg format), certified copies of Birth certificate, Degree certificate / Service certificates /Internship completion certificate and Bank payment receipt (You are requested to pay the application fee of Rs.2 000.00 for the account number to any branch of People's Bank.) send by registered post or hand deliver the completed application form to the below mentioned address on or before the closing date.

The applicant will be selected through an interview or aptitude test conducted by the Faculty of Indigenous Medicine.

Program Structure:

Total Credits: 25

Semester	Course Code	Title	Status	Credits
I	PGDSS 1112	Research Methodology and Statistics	Compulsory	2
	PGDSS 1129	Concept of better progeny through Ayurveda	Compulsory	9
II	PGDSS 1235	Nutritional and health values of Garbhini and Suthika Paricharya (nutrition and health needs during pregnancy)	Compulsory	5
	PGDSS 1242	Guide to Swasta Sanrakshana in Praudavasta (Health development in peri and post-menopausal stage)	Compulsory	2
	PGDSS 1252	Develop health nutrition plans and life style advisers based on case studies	Compulsory	2
I & II	PGDSS 1005	Research project	Compulsory	5

Program Assessment Procedure:

The evaluation leading to the award of the PG Diploma shall consist of form of assignments and end of course examination; the dissertation and the oral examination for the defense of the dissertation.

Each examination shall consist of 05 written papers and 05 continuous assessments of each course unit.

Scheme of Grading by Grade Point (GP).

Contribution by each semester to final GPA:

Performance of a candidate at the course unit shall be evaluated through a combined system of continuous assessment and end-of-course examinations which will be held as end-of –semester examinations.

For the final grading of the program, the continuous assessment and the end-of semester examination shall be marked out of a maximum mark as given below:

End-of-Semester Examination 60%

Continuous Assessment 40%

A candidate, should earn a minimum of 50% of marks allocated for each component of assessment i.e. end-of-semester examination and continuous assessment of each course unit.

Breakdown of the marks of the final assessment of research component

- Conducting research work - 30 marks
- Research Presentation - 30 marks
- Dissertation - 40 marks

For more details:

Course Coordinator

Dr. Dhanushka Karunaratne

Senior Lecturer.

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