

**“World Ayurveda Day Quiz Competition - 2025”**  
**on the occasion of Ayurveda Day Commemoration 2025**

**Rules and Regulations**

**1. General Rules**

**Eligibility**

- The quiz is open to BAMS undergraduates of all the Professional Stages at the Faculty of Indigenous Medicine, University of Colombo.

**Registration**

- Registration is required to participate in the competition.
- Contestants should be registered as a group of five contestants with the composition of,
  - One Contestant from BAMS academic year 2018/2019
  - One Contestant from BAMS academic year 2019/2020
  - One Contestant from BAMS academic year 2020/2021
  - One Contestant from BAMS academic year 2021/2022
  - One Contestant from BAMS academic year 2022/2023
- All groups must register before the deadline (12.09.2025) via filling and submitting the Application form provided in the Website of FIM, UoC.
- Duly filled application should be submitted to the Department of Basic Principles, Ayurveda Anatomy and Physiology or to the Email Address [duliniamarasiri@fim.cmb.ac.lk](mailto:duliniamarasiri@fim.cmb.ac.lk) on or before 12<sup>th</sup> September 2025 with Passport size photographs (Soft copies) of all the five contestants of the group.
- Only the first two groups registered adhering to the given criteria will be selected for the competition.

**Participation**

- All the contestants must be present at the venue at least 30 minutes before the quiz starts.
- Latecomers may be disqualified or not allowed to participate in the quiz.

**Identification**

- Contestants are required to show identification or proof of registration upon request.

## **2. Quiz Format**

### **Rounds**

- The quiz will consist of multiple rounds.
- The exact format and number of rounds will be announced at the start of the quiz.

### **Time Limit**

- Each round will have a specific time limit. Contestants must answer within this time frame.
- Late answers will not be accepted.

### **Scoring**

- Points will be awarded for correct answers. Incorrect answers may result in no points or deduction based on the quiz format.
- The group of contestants with the highest score at the end of all rounds will be declared the winner.

### **Tie breaker**

- In case of a tie, a tiebreaker question or additional rounds may be used to determine the winner.

## **3. Conduct and behavior**

### **Fair Play**

- Groups must answer questions independently. Assistance from others is not permitted.
- Cheating or dishonesty will result in immediate disqualification.

### **Respect and Decorum**

- Contestants must show respect to other contestants, the judge panel, and the organizers.
- Disruptive behavior or disrespect will not be tolerated and may result in disqualification.

### **Electronic Devices**

- The use of electronic devices (e.g., smartphones, tablets) during the quiz is prohibited.
- Devices must be kept silent and stored away during the competition.

## **4. Certificates and Awards**

### **Certificates**

- Certificates will be awarded to all the contestants (Winners and Certificate of Participation).

### **Awards and Award Distribution**

- Winners will be announced at the end of the competition.
- Awards will be distributed during the occasion of the World Ayurveda Day Commemoration 2025.

## **5. Miscellaneous**

### **a. Changes and Updates**

- The organizers reserve the right to make changes to the rules, quiz format, or schedule if necessary.
- Contestants will be informed of any changes in advance.

### **b. Dispute Resolution**

- Any disputes or issues will be resolved by the organizing committee, and their decision will be final.

### **c. Liability**

- The organizers of the Quiz Competition are not liable for any personal injury or loss of personal property during the event.

### **d. Consent**

- By participating, contestants consent to the use of their names and images for promotional purposes related to the competition.

## **6. Contact information**

For any queries or further information, please contact,

Dr. Dulini - 0765585816

Dr. Oshini - 0701640280

Dr. Sanjida - 0778947799

Dr. Samudika - 0715340900  
Dr. Sewwandi - 0701567089

### **Infrastructure**

The Venue and the computer program will be arranged with the assistance of the IT Unit of the Faculty of Indigenous Medicine, University of Colombo.

### **Prepared by:**

Coordinators of the Ayurveda Day Quiz Competition 2025

Dr. W.A.S.S. Weerakoon

Dr. R.M.D.A. Amarasiri

Committee Members of the Ayurveda Day Quiz Competition 2025

Dr E.O.J. Kularathne

Dr G. Sanjitha

Dr P.H.S.S. Priyankara

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08.09.2025