



CERTIFICATE COURSE IN AYURVEDA MANAGEMENT AND REHABILITATION OF DRUG ADDICTS

**DEPARTMENT OF BASIC PRINCIPLES, AYURVEDA ANATOMY AND PHYSIOLOGY,
FACULTY OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO**

INTRODUCTION

The “Certificate Course in Ayurveda Management and Rehabilitation of Drug Addicts” is designed to provide a comprehensive understanding of Ayurveda-based approaches to addiction management and rehabilitation. This course integrates traditional Ayurveda principles with modern therapeutic strategies to address substance dependencies holistically.

Participants will gain knowledge about Ayurveda detoxification methods, herbal remedies, diet, lifestyle modifications, and psychological interventions, including meditation and yoga, to support the recovery process. The course also covers the social and psychological aspects of addiction, emphasizing a patient-centered approach to rehabilitation.

Course Duration

**03 Months
(Saturdays & Sundays)**

Medium

English

Mode of Conduct

**Lectures (Online) 06 PM - 08 PM
Practicals (Onsite) 08 AM - 04 PM**

Why You Should Enroll for the Certificate Course in Ayurveda Management and Rehabilitation of Drug Addicts?

This course offers a unique opportunity to specialize in Ayurveda-based addiction management and rehabilitation, addressing a growing societal need for holistic treatment approaches. By enrolling, participants will:

- **Gain Expertise in Ayurveda-based Addiction Care** - Learn traditional detoxification methods, herbal treatments, and lifestyle interventions to support recovery.
- **Enhance Career Opportunities** - Expand your professional scope in Ayurveda, rehabilitation centers, and holistic healthcare settings.
- **Make a Meaningful Impact** - Help individuals overcome addiction using natural, patient-centered approaches that promote long-term recovery.
- **Integrate Modern and Traditional Knowledge** - Understand the psychological and social dimensions of addiction while applying Ayurvedic wisdom for sustainable healing.

ENTRY REQUIREMENTS

This course is designed with the intention of disseminating the knowledge regarding Alcohol & Drug Management and Rehabilitation in Ayurveda for the people who are seeking updated knowledge of the above subject, including:

- **Those who are interested in supporting Alcohol and Drug Dependents**
- **Health Sector Personnel**
- **Counsellors**
- **Sociologists**
- **NGO Personnel**
- **Law Enforcement Officers**
- **Volunteers actively involved in Drug Control and related Management Programs in the Country**

Minimum Entry Requirements

- **Age Above 18 Years &**
- **Passed G.C.E. Ordinary Level Exam &**
- **02 Years of Experience in a Relevant Field**

ADMISSION PROCESS

- ✓ Those who are interested should duly complete and send the Application Form of the “Certificate Course in Ayurveda Management and Rehabilitation of Drug Addicts” available on the Official Website of the Faculty of Indigenous Medicine, University of Colombo (<https://fim.cmb.ac.lk/>).
- ✓ The Course Selection Committee will review the Application Forms, and successful candidates for the course will be selected through an Interview conducted by the Faculty of Indigenous Medicine, University of Colombo.

Program Fees

- **Application Fee = Rs. (LKR) 2,000.00**
(For Foreign Nationals = USD 14)
- *Application Fee is Non-refundable
- **Course Fee = Rs. (LKR) 40,000.00**
(For Foreign Nationals = USD 300)

HOW TO APPLY?

1. Visit the **Official Website of the Faculty of Indigenous Medicine (FIM), University of Colombo.** (<https://fim.cmb.ac.lk/>)
2. Read the **Course Details of the Program** “Certificate Course in Ayurveda Management and Rehabilitation of Drug Addicts”.
3. Download and duly complete the **Application Form** available on the FIM Official Website.
4. Paste a Recent **Passport Sized Colored Photograph** of the Applicant on the Application.
5. Pay the **Non-refundable Application Fee of Rs. (LKR) 2,000.00 (For Foreign Nationals = USD 14)** using the below-mentioned Account Details.

Bank Name & Branch : People's Bank, Y.M.B.A. Borella Branch

Account Number : 078-1001-22268432

Account Holder Name : Faculty of Indigenous Medicine, University of Colombo

Course Code : 3420063

(Please mention the Course Code as the Purpose on your Payment Slip)

6. **Certify (as a True Copy) One Copy** each from your **NIC, Birth Certificate,** and relevant **Educational and Professional Certificates.**
7. **Scan** the duly completed Application Form, Payment Slip of Non-Refundable Application Fee, and all the Certified Copies into One PDF Document and Email it to the **Email Address: maulikasiddhantha@fim.cmb.ac.lk On or Before the Closing Date.**
8. **Send** the duly completed Application Form, One Recent Passport Sized Colored Photograph of the Applicant, the Payment Slip of the Non-Refundable Application Fee, and all the Certified Copies via **Registered Post or By Hand to the below-mentioned Address On or Before the Closing Date.**

**Deputy Registrar,
Faculty of Indigenous Medicine,
University of Colombo,
Rajagiriya, Sri Lanka.**

For More Details, Contact:

- Head, Department of Basic Principles, Ayurveda Anatomy and Physiology, Faculty of Indigenous Medicine - Dr. P.K. Wendabona, (+94) 0112692385.
- Course Coordinator - Dr. S.M. Palathiratne, (+94) 0712015958.