



CERTIFICATE COURSE IN AYURVEDA MANAGEMENT AND REHABILITATION OF DRUG ADDICTS

**DEPARTMENT OF BASIC PRINCIPLES, AYURVEDA ANATOMY AND PHYSIOLOGY
FACULTY OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO**

INTRODUCTION

The “Certificate Course in Ayurveda Management and Rehabilitation of Drug Addicts” is designed to provide a comprehensive understanding of Ayurveda-based approaches to addiction treatment and rehabilitation. This course integrates traditional Ayurveda principles with modern therapeutic strategies to address substance dependency holistically.

Participants will gain knowledge about Ayurveda detoxification methods (Panchakarma), herbal remedies, diet, lifestyle modifications, and psychological interventions, including meditation and yoga, to support the recovery process. The course also covers the social and psychological aspects of addiction, emphasizing a patient-centered approach to rehabilitation.

Duration

**03 Months
(Saturdays & Sundays)**

Medium

English

Mode of Conduct

**Lectures – Online (6pm – 8pm)
Practical – Onsite (8am – 4pm)**

Why Should You Enroll in the Certificate Course in Ayurveda Management and Rehabilitation of Drug Addicts?

This course offers a unique opportunity to specialize in Ayurveda-based addiction management and rehabilitation, addressing a growing societal need for holistic treatment approaches. By enrolling, participants will:

- **Gain Expertise in Ayurveda-Based Addiction Care** – Learn traditional detoxification methods, herbal treatments, and lifestyle interventions to support recovery.
- **Enhance Career Opportunities** – Expand your professional scope in Ayurveda, rehabilitation centers, and holistic healthcare settings.
- **Make a Meaningful Impact** – Help individuals overcome addiction using natural, patient-centered approaches that promote long-term recovery.
- **Integrate Modern and Traditional Knowledge** – Understand the psychological and social dimensions of addiction while applying Ayurvedic wisdom for sustainable healing.

ENTRY REQUIREMENTS

This course is designed with an intention of disseminating the knowledge regarding Alcohol and Drug Rehabilitation in Ayurveda for the people who are seeking updated knowledge of above subject including,

- **Those who are interested in supporting Alcohol and Drug Dependents**
- **Health Sector Personnel**
- **Counsellors**
- **Sociologists**
- **NGO Personnel**
- **Law enforcement Officers**
- **Volunteers actively involved in drug control and related treatment programs in the country**

Minimum Entry Requirements

- **Age above 18 years**
- **Passed G.C.E. Ordinary Level Exam**

ADMISSION PROCESS

- ✓ Those who are interested should duly complete and send the Application Form of the “Certificate Course in Ayurveda Management and Rehabilitation of Drug Addicts” available in the Website of the Faculty of Indigenous Medicine, University of Colombo (<https://fim.cmb.ac.lk/certificate-course-in-ayurveda-management-and-rehabilitation-of-drug-addicts/>).
- ✓ The Course Selection Committee will review the Application Forms and successful participants for the course will be selected through an interview conducted by the Faculty of Indigenous Medicine, University of Colombo.

Program Fees

- **Application Fee** = Rs. 2,000.00
(For Foreigners = USD 14)
- *Application Fee is Non-Refundable
- **Course Fee** = Rs. 40,000.00
(For Foreigners = USD 300)

HOW TO APPLY?

1. Visit the **Website of the Faculty of Indigenous Medicine, University of Colombo.**
(<https://fim.cmb.ac.lk/certificate-course-in-ayurveda-management-and-rehabilitation-of-drug-addicts/>)
2. Read the **Details of the program** “Certificate Course in Ayurveda Management and Rehabilitation of Drug Addicts”.
3. Download and duly fill in the **Application Form** available on the Website.
4. Paste a **Passport sized Colored Photograph** of the Applicant on the Application.
5. Pay the **Non-refundable Application Fee of Rs. 2,000.00 (For Foreigners – USD 14)** using the below mentioned Account details.

Bank Name : Peoples Bank, Y.M.B.A. Borella Branch
Account Number : 078-1001-22268432
Account Holder : Faculty of Indigenous Medicine, University of Colombo
Course Code : 3420063

(Please mention the course code under the Purpose on your Payment Slip)

6. **Certify one copy** each from your **NIC, Birth Certificate** and relevant **Educational and Professional Certificates.**
7. **Scan** the duly completed Application Form, Payment Slip of Non-Refundable Application Fee and all the certified copies into one PDF document and email it to the **email address - head.bpsv@fim.cmb.ac.lk** on or before the deadline.
8. **Send** the duly completed Application Form, one recent Passport Sized colored Photograph of you, Payment Slip of Non-Refundable Application Fee and all the certified copies via **Registered Post** or **by hand** to the below-mentioned address on or before the deadline.

**Deputy Registrar,
Faculty of Indigenous Medicine,
University of Colombo,
Rajagiriya, Sri Lanka.**

For more details

- Head, Dept. of Basic Principles, Ayurveda Anatomy and Physiology – Prof. S.P. Molligoda
0714440327
- Course Coordinator – Dr. R.M.D.A. Amarasiri - 0765585816