

## Poster Presentation

10<sup>th</sup> International Conference on Ayurveda, Unani, Siddha and Traditional Medicine (iCAUST 2024)  
Faculty of Indigenous Medicine, University of Colombo, Sri Lanka  
and  
1<sup>st</sup> International Research symposium on “De Aa Suki Dakshina” -2024  
Hall De Galle conference hall, Galle fort, Galle, Sri Lanka.

PROCEEDINGS 9<sup>TH</sup> - 10<sup>TH</sup> AUGUST 2024

Venue: **Hall De Galle conference hall, Galle fort, Galle.**

Date: **09<sup>th</sup> August 2024**

Time: **1.00 p.m. to 1.30 p.m.**

### Session I

Session Chairperson	Dr. W.A.S.S. Weerakoon		
Co-Chairperson	Dr. H.P. Karunawathi	Session Coordinator	Dr. H.I.M. de Alwis

Time	Sr. No:	Abs. ID	Topic	Authors
1.00 p.m.	1.	64	SWOT Analysis for Identifying Potentials to Promote Trincomalee as an Ayurveda Health Tourism Destination	M.G.D.N. Balasooriya* W.D.C.K. Karunarathna
1.10 a.m.	2.	74	Effect of local application of MARHAME RAAL on a wound of open Sphincterotomy: a case study	P.G.T.P. Kumar M. Sishan*
1.20 a.m.	3.	94	An assessment of the establishment and maintenance process of the reverse osmosis plant project in the Rideemaliyadda divisional secretariat in Badulla District	Gunasekara P.W.*

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**Time: 9.00 a.m. to 10.30 a.m.**

### Session I

<b>Session Chairperson</b>	<b>Dr. A.H.M. Mawjood</b>		
<b>Co-Chairperson</b>	<b>Dr. D.A.L. Munasinghe</b>	<b>Session Coordinator</b>	<b>Dr. (Ms.) A.A. Rizwana</b>

Time	Sr. No:	Abs. ID	Topic	Authors
9.00 a.m.	1.	72	Role of various preventive measures for healthy life: a review on Ayurveda Perspective	Dr. Anand Khatri , N. Ojha
9.10 a.m.	2.	22	Conceptual Study on Healthy dietetic preparations based on special reference of Ahara Kalpana in Ayurveda	H.G.S.V Jayasuriya, W.T.N.Alwis*
9.20 a.m.	3.	15	Health preservation through Unani dietary interventions: A Review	U.L. Naleefa*, A.M. Muthalib

Time	Sr. No:	Abs. ID	Topic	Authors
9.30 a.m.	4.	1	Selected single drugs in Unani medicine that effective in FAQUR UD DAM (Anaemia)	M.N.F. Rizniya*, D.I Uluwaduge A.H.M. Mawjood, L.D.A.M. Arawwawala
9.40 a.m.	5.	39	Potential Role of 'Diya-Bath' in the Preventive and Curative aspects of various Non-Communicable Diseases	MHM Nazeem, MMM Nifras*, MI Manuha, AM Muthalib
9.50 a.m.	6.	62	Ameliorates the problems of Menopause Syndrome via nutraceuticals	MHM Nazeem, MI Manuha, M.S.F. Sapra*
10.00 a.m.	7.	104	Role of Abresham (Bombyx morri) and Gil e Miltani (Solum fullonum) in Skin Care	MNF Naazneen*, AM Muthalib, MJA Fazmiya
10.10 a.m.	8.	53	Teenage pregnancies in Sri Lanka; A Trend Analysis	E.M.D.S. Ekanayake*, J.A.B.T. Jayakody
10.20 a.m.	9.	75	Effect of Saraca asoka on menorrhagia: A Comprehensive Review	RMCD Rathnayaka, MSF Sapra, ND Kodithuwakku

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### Session II

<b>Session Chairperson</b>	<b>Dr. A.G. Samarawickrama</b>		
<b>Co-Chairperson</b>	<b>Dr. (Ms.) A.M. Muthalib</b>	<b>Session Coordinator</b>	<b>Dr. S. Weerasekara</b>

Time	Sr. No:	Abs. ID	Topic	Authors
9.00 a.m.	1.	46	Literature review of shira vedana in the management of varicose veins	A.L.S. Prabhashwari K.G.S. Priyantha, A.A.J. Pushpaumara
9.10 a.m.	2.	84	Analgesic effects of aroma therapy (sugandha dravya chikitsa) in musculoskeletal diseases: a literature review	S.N.L. Narathota, Y.S.G. Wimalasiri
9.20 a.m.	3.	20	Ayurveda management of Sandhigatavata with special reference to Osteoarthritis: A Case Study	K.A.J.S.Priyadarshani*, S.M.M.W. Kumari

Time	Sr. No:	Abs. ID	Topic	Authors
9.30 a.m.	4.	33	Study the effect of Sri Lankan Orthopaedic Traditional Treatment on fracture healing - A Comparative Observational Case Study	V. D. S. Nelum Perera* P. R. Waratenne
9.40 a.m.	5.	103	A single case study of Dashanga Lepa on ankle sprain	P.Y. Galappaththi*, R.H.S.K. De Silva
9.50 a.m.	6.	63	Effect of Divyanganadi Taila Kati Vasti on Thrikashoola with special reference to Lumbar Spondylosis: A Case Series	Y.D.S. Suraweera S* E.D.T. P Gunarathna
10.00 a.m.	7.	106	Effect of an Ayurveda treatment protocol in managing autism:a case study	OTMRKSB Kalawana*, J.A. Nirosha, A.D.S. Rupasinghe, M.K.M.P. Perera
10.10 a.m.	8.	36	Assessing the Efficacy of Ayurvedic Treatment Protocols in Mitigating Signs and Symptoms of Myelomeningocele - A Case Study Analysis	P.A.M.B. Dayanada*, I.A.M. Leena

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### Session III

<b>Session Chairperson</b>	<b>Dr. M.H.M. Hafeel</b>		
<b>Co-Chairperson</b>	<b>Dr. (Ms.) Y.A.U.D. Karunaratne</b>	<b>Session Coordinator</b>	<b>Dr. M.N.F. Naazneen</b>

Time	Sr. No:	Abs. ID	Topic	Authors
9.00 a.m.	1.	82	Analysis of various thermal techniques used to produce Ash, Soot and Charcoal in Ayurveda and Traditional Medicine	AMNV Bandara *, Somarathna KIWK, Senadhira HM
9.10 a.m.	2.	97	A critical review of pharmacodynamics properties of ingredients of Patola Vishvadi Kashaya for treating Amlapitta (Gastritis)	P.A.S Nishan*, S.P. Molligoda, K.R. Weerasekara
9.20 a.m.	3.	102	A Physicochemical and Phytochemical Analysis of Trikantakadi Kwatha	K.G.D. Kothalawala*, A.G. Samarawickrama, D.M. Nallaperuma

Time	Sr. No:	Abs. ID	Topic	Authors
9.30 a.m.	4.	108	In vitro alpha amylase inhibitory activity and qualitative phytochemical testing of balabilvashunti decoction and its raw materials.	K.D.C. Madhushika*, S.D. Hapuarachchi T.S. Suresh, PK Perera , ND Kodithuwakku, JM Dahanayake, LADM Arawwawala
9.40 a.m.	5.	116	Medicinal and Nutritional Importance of <i>Ipomoea Batatas</i> Leaves	VGSI Nuwan*, RKR Wasana, ERHSS Ediriweera
9.50 a.m.	6.	40	Scientific basis in contraindication of Kakarashtaka with Rasa Aushadha - An analytical review	SM Palathiratne*, WMSSK Kulathunga, YSG Wimalasiri, MDP Ishara
10.00 a.m.	7.	52	Evaluate the efficacy of vasthi in Benign Prostatic Hyperplasia: A Case Study	HGSH Wijesiriwardhana *, KKVS Peshala
10.10 a.m.	8.	57	Optimizing Health through Ayurveda Guidelines for Curd Consumption: A Synergy of Traditional Wisdom and Modern Science	D.H.S.K Hallala*, Y Gurubasavaraj