

9thICAUST- Session No-01

Date - 08.09.2023 3.00-6.00 p.m - Hall 01- Jasmine Hall

Key -note Speaker- **Prof. Pawankumar Godatwar**,

Chair - Prof. (Ms.) M.I. Manuha

Co-chair - Dr. (Ms.) J.M. Dahanayake

Rapporteur - Dr. (Ms.) P.A.S.N. Silva

Coordinator - Dr. (Ms.) M.N.F Nufra

	Title	Authors
1.	COMPARATIVE STUDY ON THE EFFICACY OF <i>SARJARASA MALAHARA</i> AND <i>ROGHAN-E-KHAS</i> IN THE MANAGEMENT OF <i>PARIKARTIKA</i> (FISSURE IN ANO)	S.M.N.J. Solohokara, S.M.C.S. Nandadeva, M.G.M.K.K. Jayathilake
2.	EVALUATION OF THE ANTI-INFLAMMATORY EFFECT OF <i>LOKANATHA RASA</i> : A MERCURIAL PREPARATION IN AYURVEDA <i>RASA SHASTRA</i>	S.K.M.K. Herapathdeniya, P.A. Paranagama, J.G.S. Ranasinghe
3.	PHYSICOCHEMICAL PROPERTIES AND GC-MS ANALYSIS OF ESSENTIAL OIL OF <i>Pogostemonheyneanus</i> LEAVES	W.G.M. Nisansala, W.J.A.B.N. Jayasuriya, H.M.D.R. Herath, A. Nadeshkumar, , L.D.A.M. Arawwawala
4.	QUALITATIVE AND QUANTITATIVE PHYTOCHEMICAL ANALYSIS OF A SIDDHA HERBAL FORMULATION – <i>AANAI NERUNJIL KUDINEER</i>	S. Selvamani, S.J. Antony
5.	PRELIMINARY PHYSIO-CHEMICAL AND PHYTOCHEMICAL ANALYSIS OF <i>AMRUTADI GUGGULU</i>	A.B. Dharmarathna, K.C. Perera, , S.K.M.K. Hearapathdeniya
6.	ENDEMIC MEDICINAL PLANTS FOR THE FUTURE: A STUDY ON DISTRIBUTION, PROPAGATION AND CONSERVATION OF ENDEMIC MEDICINAL PLANT SPECIES IN SRI LANKA	O.W. Ketakela, D.M.R.G. Mayakaduwa, H.S. Kathriarachchi, S.K.M.K. Herapathdeniya
7.	EVOLUTION OF ACUPUNCTURE AND <i>VIDUM PILISSUM CHIKITSA</i> BASED ON PRE-HISTORIC ERA OF SRI LANKA: A REVIEW	D.S. Yahathugoda, S.S. Hettige
8.	DEVELOPMENT OF <i>TRIPHALA</i> PASTE AS A REJUVENATING HERBAL PREPARATION AND EVALUATION OF ITS PHYSIOCHEMICAL, PHYTOCHEMICAL AND ANTIOXIDANT PROPERTIES	U.D.G.N. De Silva, J.M. Dahanayake, P.K. Perera, K.D.C. Madhushika, S.D. Hapuarachchi
09.	<i>IN VITRO</i> PROPAGATION OF <i>Valerianamooni</i> USING DIFFERENT EXPLANTS	A.A.M. Sudusinghe, W.T.P.S.K. Senarath,, M.A.N. De Silva
10	AN AYURVEDA APPROACH TO MANAGEMENT OF PERTHES DISEASE: A CASE STUDY	H.B.D. Kaushalya, W.A.S.S. Weerakoon

9thiCAUST- Session No-02

Date - 08.09.2023 3.00 - 6.00 p.m - Hall 02 - Orchid Hall

Key -note Speaker - **Prof. Anup Thakur**

Chair - Prof. S.M.S. Samarakoon

Co-chair - Dr. (Ms.) M.S.S. Fawmiya

Rapporteur - Dr. (Ms.) F.N. Jamaldeen

Coordinator - Dr.(Ms.) K.A.J.S. Priyadarshani

	Students Forum Title	Authors
1.	PHARMACOGNOSTICAL AND PHYSICO-CHEMICAL EVALUATION OF <i>ARDRAKA SATVA</i> : SOLID AQUEOUS EXTRACT OF RHIZOME OF <i>Zingiber officinale</i> PLANT	S. Rajapaksha, J.M. Dahanayake
2.	PHYSICO-CHEMICAL AND PHYTOCHEMICAL STANDARDIZATION OF POLYHERBAL UNANI FORMULATION: <i>HABB E SIBR</i>	M.B.F. Hasna, A.L.M. Ihsan
3.	STUDY ON THE NUTRITIONAL STATUS OF CHILDREN IN A PRIMARY SCHOOL IN BORALESGAMUWA	M.V.N.T. Dharmapala, W.A.S.S. Weerakoon
4.	PHYSICO-CHEMICAL AND PHYTOCHEMICAL STANDARDIZATION OF COMPOUND UNANI FORMULATION: <i>SAFOOF E KASIR REEH</i>	S. S. Farwin, A.L.M. Ihsan
5.	COMPILE A COLLECTION OF DIFFERENT FORMULAE FOR <i>DARUNAKA</i>	D.V.G. Fonseka, Y.S.G. Wimalasiri
6.	STANDARDIZATION OF ' <i>TRIFAL E SHAHATARA</i> ' PREPARED USING LOCALLY AVAILABLE DRUGS WITH SPECIAL REFERENCE TO ITS ORGANOLEPTIC, PHYSIOCHEMICAL AND PHYTOCHEMICAL CHARACTERISTICS	S.F. Hamnah, A.H.M. Mawjood
7.	HOT SPRINGS OF SRI LANKA, AN UNDERUTILIZED NATURAL RESOURCE FOR HEALTH PROMOTION	A.M.N.V. Bandara, B.B.K.N. Lakruwan, K.I.W.K.Somarathna, H.M. Senadhira
8.	A COMPARATIVE STUDY ON THE STANDARD PARAMETERS OF DIFFERENT MARKET SAMPLES OF A TRADITIONAL FORMULATION: <i>DESADUN KALKAYA</i>	T.A.S. Lakshani, J.M. Dahanayake
9.	AN EVALUATION OF PHYSICO-CHEMICAL AND PHYTOCHEMICAL ANALYSIS OF UNANI COMPOUND FORMULATION; <i>SAFOOF E MUSAKKIN</i> (LOCALLY PREPARED)	M.R. Risna, A.M. Muthalib
10.	PHARMACOGNOSTIC ANALYSIS OF <i>Sidaalnifolia</i> FROM DIFFERENT GEOGRAPHICAL ZONES OF SRI LANKA	W.L. Wijesinghe, S.D. Hapuarachchi
11.	A COMPARATIVE STUDY OF PHARMACODYNAMIC PROPERTIES OF <i>Cassia fistula KSHARA</i> MADE USING COWS' URINE AND WATER	M.H.D.H. Hewage, K.K.V.S. Peshala, G. Thiripuranathar, G.G.V.V. Gamage
12.	DEVELOPING A NATURAL TOOTHBRUSH USING MEDICINAL PLANTS MENTIONED IN AUTHENTIC AYURVEDA TEXTS	S.I.N. Senanayake, M.D.P. Ishara, Y.S.G. Wimalasiri
13.	A PHAMACOGNESTIC STUDY OF <i>Hemidesmusindicus</i> GROWN IN SRI LANKA	J.R.A.U. Jayalath, I. U. Kariyawasam P. K. Perera

9thiCAUST- Session No-03

Date - 09.09.2023

at 9.00 a.m.-12 noon

Venue - Hall 01 - Jasmine hall

1. Key -note Speaker - **Dr. Deepika Rodrigo,**
2. Chair - Prof. (Ms.) N. Fahamiya
3. Co-chair - Dr. (Ms.) I.A.M. Leena
4. Rapporteur - Dr. (Ms.) R.I.Y.U. Rathnayake
5. Coordinator - Dr.(Ms.) E.A.S. Samudrika

	Title	Authors
1.	DEVELOPMENT OF <i>TRIPHALA</i> BASED REJUVENATING SYRUP	P.A.N.G. Perera, U.R.S.R.K. Senarathne, S.D. Hapuarachchi
2.	EFFECTIVENESS OF <i>SIRAVYADHA</i> IN THE MANAGEMENT OF <i>PADADARI</i> : A CASE SERIES	S.D.U. Wickramasinghe, D.A.R. Sakunthala
3.	AN OBSERVATIONAL CASE STUDY OF THE MANAGEMENT OF <i>CHARMAKEELA</i> WITH <i>AGNIKARMA</i> AND <i>KSHARA KARMA</i>	H.G.S.V. Jayasuriya, W.A.A.P. Wicramanayake, K.K.V.S. Peshala
4.	<i>IN VIVO</i> EVOLUTION OF WOUND HEALING ACTIVITY OF <i>Curcuma zedoaria</i> ROSC ROOT POWDER (TOPICAL APPLICATION) ON WISTAR ALBINO RATS USING EXCISIONAL WOUND MODELS	F.R.M. Ramees, B. Uthayanan
5.	WOUND HEALING ACTIVITY AND CHROMATOGRAPHIC ANALYSIS OF AQUEOUS EXTRACT OF <i>Mikania cordata</i> LEAVES	K.A.D.K. Randima, H.I.C. De Silva, C.D. Wijayarathna
6.	EFFECTIVENESS OF <i>AGNI KARMA</i> IN THE MANAGEMENT OF DIRECT INGUINAL HERNIA: COMPARATIVE CASE SERIES	H.K.R. Weerakoon, D.A.R. Sakunthala
7.	ANTIBACTERIAL EFFICACY OF <i>Dipterocarpszeylanicus</i> IN COMBINATION WITH POVIDONE IODINE TOPICAL SOLUTION AGAINST CLINICALLY IMPORTANT PATHOGENS	K.M.N. Priyangani, M.L.A.M.S. Munasinghe, A.S. Nirubini
8.	PILONIDAL ABSCESS MANAGEMENT THROUGH AYURVEDA PARA-SURGICAL PROTOCOL: <i>KSHARA SUTRA</i> WITH <i>PANCHA VALKALA</i> DECOCTION AND <i>ROGAN -E -KASH</i> PASTE	U.D. Withanachchi, A.A.J. Pushpakumara
9.	ROLE OF <i>AYURVEDIC</i> MANAGEMENT IN <i>VATA ASTHILA</i> W.S.R. TO BENIGN PROSTATIC HYPERPLASIA: A CASE STUDY	<u>T.Amunugama,</u> L. Siromany, H.P.D.K. Visaka, I. Adikaram
10.	ROLE OF <i>TRIPHALA</i> DECOCTION AS AN EXTERNAL TREATMENT FOR BLEEDING FISSURES IN PALMOPLANTAR PSORIASIS	P.R.D. JeyaPrabha

9thiCAUST- Session No-04

Date - 09.09.2023 at 9.00 a.m.-12 noon Venue - Hall 02 - Orchid Hall

Key -note Speaker - **9.05-9.20a.m. -Dr. RammanoharPuthiyedath**

- **10.45 - 11.00 a.m. Prof. P. Weerasinghe**

Chair -Prof. M.S.M. Shiffa -

Co-chair - Dr. (Ms.) Y.A.U.D. Karunarathne

Rapporteur - Dr. Dr. (Ms) M.S.F. Sapra

Coordinator - Dr. (Ms.)W.T.N. Alwis

	Title	Authors
1.	MANAGEMENT OF MENOPAUSAL SYNDROME THROUGH YOGA: A NARRATIVE VIEW	K. Thayalini, N.J. Muthukumar, V. Mahalakshmi, A.M.A. Hazel
2.	A SINGLE CASE REPORT ON EFFICACY OF SIDDHA HERBAL FORMULATION <i>KARUVEPPILAI MURUNGAI EERKU MANAPPAGUON</i> ANEMIA IN PREGNANCY	K. Preyadarsheni, A. Manoharan
3.	SYSTEMATIC REVIEW ON AYURVEDA MANAGEMENT OF ANEMIA IN CHILDREN	W.H.S.L.L. Jayaratna, O.T.M.R.K.S.B. Kalawana, I.A.M.L. Illeperuma
4.	PREVALENCE AND AGE DISTRIBUTION OF UTERINE FIBROIDS IN WOMEN ATTENDING GYNECOLOGY CLINICS: A RETROSPECTIVE STUDY	U.P.P. Wijethunge, H.L.M.G. Sajeewani, H.A.R.P. Perera, R.V. Vidhyajini
5.	MANAGEMENT OF PREGNANCY-INDUCED HYPERTENSION (<i>GARBHAJANYA VISHAMAYATA</i>) WITHAYURVEDA APPROACH: CASE SERIES	H.A.R.P. Perera, R.V. Vidyajini, M. M. H. M. Jayasinghe, U. D. Withanachchi
6.	SIDDHA MANAGEMENT OF FEMALE INFERTILITY (<i>MAGAVINMAI - PENN MALADU</i>): CASE SERIES	J. Pohoopalan, M. M. Sundaram
7.	EFFECT OF SIDDHA FORMULAE ON ICHTHYOSIS IN CHILDREN: THE CASE SERIES	S. S. Megganah, K. Vennila, M.S. Sundaram, M. Meenakumari
8.	SCIENTIFIC REVIEW OF THE PHARMACOLOGICAL EFFECT OF TRADITIONALLY USED <i>SAPSADA (Aristolochiaindica)</i> IN THE MANAGEMENT OF POSTMENOPAUSAL COMPLICATIONS	P.A.R.N. Samarakoon, H.A.R.P. Perera, S. Lukshalini
9.	A SURVEY ON FRESH HERBS USED FOR TREATING THE DISEASES OF CHILDREN BY TRADITIONAL PRACTITIONERS IN JAFFNA DISTRICT, SRI LANKA	R. Sugeevan, K. Sounthararajan, S. Sivashanmugarajah
10	EFFICACY OF <i>LAKSHADI LEPAYA</i> AND <i>MADHUYASHTI THAILA</i> IN FACILITATING HEALING AND FUNCTIONAL RECOVERY OF DISTAL RADIUS FRACTURE: A CASE STUDY	K.H.S. Dilmika N.M. Weerasooriyarachchige

9thiCAUST- Session No-05

Date - 09.09.2023 at 1.00 p.m. -3.00 p.m Hall 01/ Jasmine Hall

Key -note Speaker- **Professor Akitoshi Seiyama**

Chair - Dr. M.C. Maheez

Co-chair -Dr. (Ms.) A.M. Muthalib

Rapporteur - D r . K N A D h a r m a s e n a

Coordinator - Dr. H.D.R Fernando

	Students Forum Title	Authors
1.	PREVALENCE OF RISK FACTORS OF STROKE IN GALLE DISTRICT, SRI LANKA: A RETROSPECTIVE HOSPITAL BASED STUDY	I.H. Kalupahana, A.M. Muthalib
2.	STUDY ON CONSERVATION METHODS USED IN SRI LANKAN TRADITIONAL MEDICINE: A DESCRIPTIVE STUDY	B.C. Samarathna, S.M.S.Samarakoon
3.	A STUDY OF RELATIONSHIP BETWEEN POLYCYSTIC OVARY SYNDROME AND OBESITY: A SURVEY	D.D.K. Gamage, R.S. Jayawardhane, Y.A.U.D. Karunaratne
4.	<i>IN VITRO</i> STUDY TO FIND THE EFFECT OF <i>Achyranthes aspera</i> (APAMARGA) ON BLEEDING TIME	V.G.M.N. Gamage, D.A.L. Munasinghe
5.	COMPARATIVE QUALITY EVALUATION ON BRANDED <i>TRIPHALA</i> TABLETS IN AYURVEDA DRUG MARKET OF SRI LANKA	H.D.R. Fernando, D.M. Nallaperuma, H.H.S.S. Silva, P.M. Wijesekara, A.P.A. Jayasiri
6.	ROLE OF <i>SHRINGAVACHARANA</i> (BLOODLETTING) WITH MODIFIED <i>SHRINGA YANTRA</i> (COW'S HORN) ON <i>SHVITRA KUSHTA</i> (LEUKODERMA): AN OBSERVATIONAL STUDY	L.H.A.L.D. Premachandra, E.D.T.P. Gunarathna
7.	ANALYTICAL STUDY OF THE RELATIONSHIP BETWEEN <i>DEHAPRAKRITI</i> MENTIONED IN AYURVEDA AND <i>GANA</i> MENTIONED IN HOROSCOPE	S.K. Wickramasinghe, R.S. Jayawardane, Y.A.U.D. Karunaratne
8.	PHARMACOGNOSTIC ANALYSIS OF <i>Indigofera suffruticosa</i> FROM DIFFERENT GEOGRAPHICAL ZONES	M.T. Wickramaratna, S.D. Hapuarachchi
9.	ANALYTICAL STUDY OF <i>SHODHANA</i> PROCESS OF <i>GUGGUL</i> BY USING DIFFERENT LIQUID MEDIA	D.K. Mudannayaka, R.S. Jayawardhane, S.K.M.K. Herapathdeniya
10.	ANALYTICAL STUDY OF DIFFERENT SAMPLE OF <i>KITHUL</i> JAGGERY (PREPARED BY USING <i>Caryotaurens</i>)	I.P. Buwanekabahu, S.K.M.K. Herapathdeniya
11.	ROLE OF TRADITIONAL <i>MELLUM</i> (WILTED HERBAL FORMULAE) ON <i>SIRAJA GRANTHI</i> : A CASE STUDY	K.S. Jayathunga, S.P. Molligoda, E.D.T.P. Gunarathne
12.	PHARMACOGNOSTIC ANALYSIS OF <i>Aeglemarmelos</i> IN DIFFERENT GEOGRAPHICAL ZONES OF SRI LANKA	S.D.L.R. Sampath, S.D. Hapuarachchi
13.	STANDARDIZATION OF THE COMMERCIAL CASSAVA NOODLES PREPARATION FROM MANIOC (<i>Manihot esculenta</i>) PLANT	M.G.T. Pushpakumara, K.P.K.R. Karunagoda, S.D. Hapuarachchi
14.	EXPLORATORY STUDY ON UNIVERSITY STUDENTS' ATTITUDES ON LEGALIZING CANNABIS IN SRI LANKA	D.W.A.N.K. Ranaweera, S.M.S. Samarakoon
15.	OBSERVATIONAL STUDY ON AYURVEDA MANAGEMENT FOR <i>GUDHRASI VATA</i> W.S.R. SCIATICA	M.N.F. Naleefa, B.R.N.N. Gunasena, M.N.F. Nafeela

9th iCAUST - Session No-06

Date - 09.09.2023 at 1.00 p.m. -3.00 p.m Hall 02 - Orchid Hall

Key -note Speaker - **Dr. Christein S. Kessler**

Chair - Prof. (Ms.) M.U.Z.N. Farzana

Co-chair - Dr. (Ms.) MCN Razana

Rapporteur - Dr. (Ms.) P.A.N.G. Perera

Coordinator - Dr.(Ms.) M.S. Piumika

	Title	Authors
1.	EFFECT OF <i>PANCHAKARMA</i> THERAPY IN THE MANAGEMENT OF <i>KAMPAVATA</i> (PARKINSON'S DISEASE): A CASE REPORT	S.M.M.W. Kumari
2.	SYSTEMATIC REVIEW ON ANTI-NEOPLASTIC EFFECT AND ITS MOLECULAR MECHANISM OF <i>TRIPHALA</i>	N.G. Madhubhashini, N.D. Kodithuwakku
3.	CLINICAL STUDY ON PRECAUTIONARY MEASURES OF PAIN WITH CRACKING SOUND ON <i>JANU SANDHI</i> BY OKRA PASTE	S. Palliyaguru, A.G. Samarawickrama ²
4.	EVALUATION OF ANTI-INFLAMMATORY ACTIVITY OF MODIFIED TOPICAL DOSAGE FORM BASED ON AYURVEDA FORMULATION ' <i>ANODA KOLA ALEPAYA</i> '	P.D.N. Gunasekara, W.J.A.B.N. Jayasuriya, A. Nadeshkumar, H.M.D.R. Herath, J.M. Dahanayake
5.	A REVIEW OF <i>VYOSHADI GUGGULU</i> ; AN AYURVEDA FORMULAE USED IN <i>MEDHO DUSHTI</i> (DYSLIPIDEMIA)	K.H.M.S.P.K. Kasthurisinghe, R.D.H. Kulathunga
6.	A PRELIMINARY STUDY TO EVALUATE THE EFFECT AND EFFICACY OF <i>GUGGULADI VATAKA</i> IN THE MANAGEMENT OF OVERWEIGHT AND OBESITY	G.M.T.M. Piyasekara, K.G.C. Dissanayake
7.	THERAPEUTIC POTENCY OF <i>ROGHAN E KHAS</i> WITH SPECIAL REFERENCE TO SKIN AND JOINT DISEASES: A REVIEW	M.L.U. Salma, A.H.M. Mawjood, M.N.F. Naazneen, M.F.M. Rihas
8.	<i>IN-VITRO</i> ANTI-UROLITHIC (<i>MUTRA ASHMARIBHEDANA</i>) ACTIVITY OF <i>VARUNA</i> (<i>Cratevaadansonii</i> DC) STEM BARK DECOCTION	D.M. Nallaperuma, A.P.A. Jayasiri
9.	<i>IN-VITRO</i> STUDY TO EVALUATE THE ANTIBACTERIAL ACTIVITY OF <i>SEETHODAKA</i> , <i>VISARPAHARA</i> AND <i>NEELYADI</i> OIL AGAINST <i>Staphylococcus aureus</i> AND <i>Escherichia coli</i>	A.M.S. Aththanayaka S.P. Molligoda, G. Thiripuranathar, R.L.Y.U. Rathnayaka, K.R.A. Arachchi,

9th iCAUST - Session No-07

Date - 09.09.2023

3.30-6.00 p.m

Hall 01 - Jasmine Hall

- Key -note Speaker - **Dr. Palitha Serasinghe**
Chair - Prof. W.M.S.S.K. Kulathunga
Co-chair - Dr. M.S.M. Nazmeer
Rapporteur - Dr. (Ms.) S. Weerasekara
Coordinator - Dr. B.R.A.L. Cooray

	Title	Authors
1.	IMPACT ON CONSUMPTION OF HERBAL PORRIDGE AMONG SCHOOL STUDENTS TO PREVENT MALNUTRITION IN JAFFNA DISTRICT	V. Vijitharan, V. Sathiyaseelan
2.	HEALTH STATUS AND USE OF TRADITIONAL AND AYURVEDA APPROACHES AMONG COVID-19 PATIENTS IN RURAL SRI LANKA: ACROSS-SECTIONAL SURVEY	S.V.R.A. Perera, D.M.S.D.K. Dissanayaka, P.D.P. Samanmal
3.	PREVALENCE OF NUTRITIONAL STATUS IN SCHOOL GOING CHILDREN OF P/ PERUKKUWATTAN/AL MINHAI MUSLIM MAHA VIDYALAYA: A SURVEY	A.W.M.H.M. Aflal
4.	THE IMPORTANCE OF HEALTHY SLEEP AND THE IMPACTS OF INSOMNIA ON HEALTH AND WELL-BEING: A SYSTEMIC REVIEW	M.D.E.P. Gunathilaka, P.K. Perera
5.	STUDY ON TRADITIONAL PRACTICES INFLUENCE THE HEALTH CONDITION OF CHILDREN AMONG TAMIL, MUSLIM AND SINHALESE CULTURES IN BATTICALOA	A. Vethini, N. Varnakulendran
6.	AN ANALYSIS OF THE AWARENESS OF ADOLESCENT PREGNANCY AMONG ADVANCE LEVEL SCHOOL CHILDREN IN SELECTED GIRLS SCHOOLS IN WESTERN PROVINCE, SRI LANKA	R.K.N.D. Darshani, K.G.C. Dissanayake, B.K.M.P. Rodrigo
7.	IMPACT OF PATTERNS AND PRACTICES OF THE FOOD CONSUMPTION ACCORDING TO THE AYURVEDA AND SRI LANKAN TRADITIONAL MEDICINE TO NUTRITIONAL WELLBEING AMONG THE SCHOOL CHILDREN IN SELECTED SCHOOL	N.V.Y. Diloopa, E.R.H.S.S. Ediriweera
8.	SYSTEMATIC REVIEW OF NUTRITIONAL VALUE AND HEALTH BENEFITS OF DATE PALM (<i>Phoenix dactylifera</i> L.) BASED ON PROPHETIC MEDICINE AND ISLAMIC RECOURSES	R. Shifa, H.A.R.P.Perera
9.	UNLOCKING THE TOURISM POTENTIAL: A CASE STUDY OF GAL OYA NATIONAL PARK AND SURROUNDING SUBURB AREA IN SRI LANKA	P.K.U Perera
10.	AFTER-EFFECTS OF COVID19 VACCINATION AND THE INCIDENCE OF COVID INFECTION AMONG THE VACCINATED INDIVIDUALS IN SRI LANKA: A CROSS-SECTIONAL SURVEY	M.I. Manuha, M.H.M. Nazeem, R.D.H. Kulathunga, M.N.M. Ayoob, D.N.P. Fernando

9thiCAUST - Session No-08

Date - 09.09.2023

3.30-6.00 p.m

Hall 02 - Orchid Hall

Key -note Speaker - **Prof. Gomika Udugamasooriya**

Chair - Dr. A.H.M. Mawjood

Co-chair - Dr. (Ms.) H. Nizamdeen

Rapporteur - Dr. (Ms.) E.M.G.K.N. Begum

Coordinator - Dr. (Ms.) M.N.F. Naazneen

	Title	Authors
1.	TREATMENT OF AMBLYOPIA WITH REFERENCE TO <i>TIMIRA</i> WITH <i>TRIPHALA CHURNA</i> EYE WASH AND <i>MAHATRIPHALADI GHRITA TARPANA</i> : A SINGLE CASE STUDY	H. Gautam
2.	ASSESSMENT OF ANTIOXIDANT POTENTIAL OF METHANOL AND AQUEOUS EXTRACTS OF UNANI POLY HERBAL MOUTHWASH USING TOTAL PHENOLIC CONTENT, DPPH, AND TEAC ASSAYS	A.H.A. Fazeenah, M.I. Manuha, G.A. Rajakaruna, B.P. Galhena, P.A. Paranagama
3.	EFFECTIVENESS OF <i>NASYA</i> , <i>PARISHEKA</i> AND <i>AKSHI TARPANA</i> IN THE MANAGEMENT OF <i>VATAHATA VARTMA</i> (PTOSIS): A CASE STUDY	R.L.Y.U. Rathnayaka, W.M.D.S. Perera
4.	MANAGEMENT OF <i>VATAJA PRATISHYAYA</i> WITH <i>SHADBINDU TAILA</i> AND <i>BALA TAILA NASYA</i> W.S.R TO ALLERGIC RHINITIS: A SINGLE CASE STUDY	<u>P. Bhatt*</u> , D.B. Vaghela
5.	EFFICACY OF AN AYURVEDIC INTERVENTION IN THE MANAGEMENT OF <i>ARDHAVABHEDA</i> (MIGRAINE): A CASE REPORT	L.D.S.Hansitha, R.L.Y.U. Rathnayaka
6.	COMPARATIVE ANTIMICROBIAL EFFICACY OF <i>TRIPHALA</i> MOUTHWASH PREPARED FROM DIFFERENT PROPORTIONS	K.N.A. Dharmasena, N.D. Kodithuwakku, P.M. Wijesekara, , S.M. Yapa, J.J. Wewalwela, H.D.R. Fernando
7.	A STUDY TO EVALUATE THE EFFICACY OF A SELECTED AYURVEDA EYE-DROP IN SENILE CATARACT	W.R.S.N. Premarathne
8.	MANAGEMENT OF ALLERGIC RHINITIS (<i>PEENASA</i>) BY <i>WADDUWA MELEGAMA AKSHI</i> AND <i>SARVANGA WEDAKAMA</i> : A CASE STUDY	R.A.J.W. Rajapaksha, D.R. Waththage
9.	STANDARDIZATION OF POLYHERBAL DECOCTION USED IN ALLERGIC RHINITIS	J. M. Dahanayake, P.K. Perera, P. Galappaththy, L.D.A.M. Arawwawala
10.	<i>IN-VITRO</i> EVALUATION OF THE ANTIFUNGAL EFFECT OF <i>KADALI KSHARA</i> CREAM AGAINST THE LABORATORY SPECIMEN OF <i>Candida albicans</i>	D.H.G.A.N. Keerthirathne, W.A.L.C. Waliwita

9thiCAUST - Session No-09

Date 10.09.2023 9.00a.m - 12.00 noon Hall 01 - Jasmine Hall

Key -note Speaker - **9.00 -9.15 a.m.** - **Dr. N. Zaheer Ahmed**

Chair - Dr. T.D.N. Karunaratne

Co-chair - Dr. (Ms.) M.N.F. Rizniya

Rapporteur - Dr. (Ms.) K.K.V.S. Peshala

Coordinator - Dr. (Ms.) M.G.M.K..K. Jayathilake

	Title	Authors
1.	<i>SUDARSHAN KRIYA YOGA</i> IN REGULATION OF HUMAN PHYSIOLOGICAL FUNCTIONS	D.H.S.K. Hallala, R.P. Liyanage, Y. Gurubasavaraj
2.	SETTING THE BENCHMARKS FOR QUALITY IN AYUSH SECTOR: INITIATIVES FROM BUREAU OF INDIAN STANDARDS	R. Naik, S. B.V. Rao, T. M. Gupta
3.	ONE HEALTH: A VERSION OF <i>LOKA PURUSHA SAAMYA</i> IN AYURVEDA	P.A.S.N. Silva, B.M.S. Amarajeewa
4.	ASSOCIATION OF <i>PRAKRITI</i> STATUS AND GENE POLYMORPHISMS WITH HYPERLIPIDEMIA PATIENTS	T.C.J. Senarathne, R. Thathparan
5.	EMPOWERING AYURVEDIC INNOVATIONS: AN INTELLECTUAL PROPERTY PERSPECTIVE ON GLOBAL RECOGNITION AND INNOVATION-LED ECONOMIC GROWTH	H.L.N.S. Chandrasiri
6.	A CRITICAL REVIEW ON <i>KATPHALADI KWATHA</i> IN <i>KAPHAJA HRUDAYAROGA</i> W.S.R. TO CHARAK SAMHITA	N. Sheshware
7.	BEHAVIOUR OF BACTERIAL FLORA IN CHRONIC WOUND WITH THE APPLICATION OF <i>APAMARGA</i> AND <i>KARANJA KSHARA PICHU</i> : A COMPARATIVE CLINICAL STUDY	R.N.D. Pathirana, B.M.S. Amarajeewa
8.	COMPARATIVE STUDY OF THE ANTI- OXIDANT CAPACITY OF <i>RATHKARALHEBA</i> , <i>ATAVARIYA</i> AND <i>TRIPHALA</i> TABLETS	D.P.A. Dissanayake
9.	ANTIOXIDANT POTENTIALS OF <i>PHALATRIKADI KWATHA</i> USED IN <i>YAKRUT ROGA</i> WSR TO FATTY LIVER DISEASE	K.P.D.C. Perera, R.D.H. Kulathunga,L.D.A.M. Arawwawala
10.	A CLINICAL STUDY ON THE EFFICACY OF <i>AGNI KARMA</i> IN THE MANAGEMENT OF <i>KADARA</i> (CORN)	M.G.M.K.K. Jayathilake, S.M.N.J. Solohokara, R.A.W.D. Rajapaksha

9thICAUST - Session No-10

Date 10.09.2023 9.00a.m - 12.00 noon Hall 02 - Orchid Hall

Key -note Speaker - **Prof. G. Sudarshan**

Chair - Associate Prof. P.R. Warathanna

Co-chair - Dr. K. I. W.K. Somarathne

Rapporteur - Dr. (Ms.) A.F.M. Joonus

Coordinator - Dr. S.M.M.W. Kumari

	Title	Authors
1.	AN ANALYSIS OF DIVERSITY OF AYURVEDIC MEDICATIONS USED FOR COVID-19 PATIENTS UNDER HOME-BASED MANAGEMENT	S. Hazari, M.K.N.G. Sadungama, G.C. Kumara, H.A.D.D.L. Perera, D.M.Endagamage
2.	PLANTS USED AS ANTICANCER PROPERTIES FROM NEPAL HIMALAYA	M.L. Pathak, M. Paudel, S. Kafle, R. Basnet
3.	ROLE OF <i>KSHEERA DHOOMA</i> AND <i>NASYA</i> IN THE MANAGEMENT OF <i>ARDHITA</i> (BELL'S PALSY): AN OBSERVATIONAL STUDY	M.I.J. Jayakody, E.D.T.P. Gunarathne, R.D.H. Kulatunga
4.	PATIENTS' PERCEPTIONS OF CLINICAL AND NON - CLINICAL SUPPORT IN COPING WITH CKD: A PHENOMENOLOGICAL STUDY	N.Y.S. Premarathna, D.U.S. Ratnapala, P.K.S. Munasinghe
5.	HPTLC FINGERPRINTING OF <i>TRIPHALA</i> CONTAINING POLYHERBAL EYE DROP AND COMPARATIVE EVALUATION OF ANTIMICROBIAL EFFICACY	N.D. Kodithuwakku, K.N.A. Dharmasena, P.M. Wijesekara, S.D. Hapuarachchi, S.M. Yapa, J.J. Wewalwela
6.	SURVEY ON TRADITIONAL HERBAL FORMULAE USED IN <i>TAMAKA SHVASA</i> : A LITERATURE REVIEW	P.K. Kudagamage, S.V. Kamal, R.D.H. Kulathunga
7.	EVALUATION OF THE THERAPEUTIC EFFICACY OF AYURVEDA HERBAL FORMULATIONS IN LOWERING SERUM CREATININE LEVELS AMONG CHRONIC KIDNEY DISEASE PATIENTS IN MAHIYANGANA REGION, SRI LANKA	M.G.D. Eranjana, P.T.N. Pathirana, B.N. Abyesekara, H.K.R. Weerakoon
8.	THE EFFICACY OF <i>RASNA PANCHAKA KWATHA</i> WITH <i>MURUNGADI LEPA</i> LOCAL APPLICATION IN THE MANAGEMENT OF <i>AMAVATA</i> (RHEUMATOID ARTHRITIS): A CASE STUDY	A.M.M. Paranagama, S.M.S. Samarakoon
9.	ANTIOXIDANT ACTIVITY OF MODIFIED HERBAL PREPARATION OF <i>SHRAMAHARA MAHAKASHAYA</i> AND ITS' EFFECT ON POST-EXERCISE INTERLEUKIN-1 ALPHA (IL-1A) LEVEL	K.N.A. Dharmasena, A.R. Murthy, K. Choudhary, G. Sharma
10.	THERAPUTIC EFFECT OF <i>Glycyrrhizaglabra</i> ON LEARNING AND MEMORY: A REVIEW	S. Bhandari

9thiCAUST - Session No-11

Date 10.09.2023 1.00.m - 3.00p.m. Hall 01 - Jasmine Hall

Key -note Speaker - **Prof. A. Weerasooriya**

Chair - Prof. (Ms.) S.K.M.K. Herapathdeniya

Co-chair - Dr. (Ms.) N.D. Kodithuwakku

Rapporteur - Dr. S.P.A.S. Nishan

Coordinator - Dr.(Ms.) K.W. Rasangika

	Title	Authors
1.	DETERMINATION OF ANTI-INFLAMMATORY ACTIVITY OF ETHOSOMAL GEL OF <i>Tinosporacordifolia</i>	A.K. Sailaja
2.	<i>IN-VITRO</i> ANTIOXIDANT ACTIVITY OF THE LEAVES OF <i>Citrus aurantium</i> L.	P.M.S.N. Abeyrathna, , H.K. Amaraweera, S.T.T. Sewwandi, , W.A.H. Himansi, S. Sabriya, , D.M.J.D.K. Dunukara, A.M.B. Priyadarshanai
3.	ORGANOLEPTIC, MACROSCOPIC AND MICROSCOPIC ANALYSIS OF HERBAL PLANT MATERIALS OF <i>AMURTHASHATA KWATHA</i> : AN AYURVEDIC POLYHERBAL FORMULATION	L.P.S. Vinodani, W.J.A.B.N. Jayasuriya, M.P. Jeewandara, H.M.D.R. Herath, S.D. Hapuarachchi, P. Danthararyana, T.S. Suresh
4.	EVALUATION OF GASTROPROTECTIVE ACTIVITY OF DIFFERENT ASPARAGUS SPECIES IN SRI LANKA USING <i>IN-VITRO</i> METHODS	R.K.D.S.H. Rajapaksha, W.J.A.B.N. Jayasuriya, H.M.D.R. Herath, J.M. Dahanayake, L.D.A.M. Arawawala
5.	DEVELOPMENT OF NOVEL HERBAL COSMECEUTICAL PRODUCT AND EVALUATION OF ITS SAFETY AND EFFICACY ON HAIR GROWTH: A STUDY PROTOCOL	N.D. Kodithuwakku, V.M.C. De Silva, , S.D. Hapuarachchi, J.M. Dahanayake, P.K. Perera, L.D.A.M. Arawawala
6.	A REVIEW ON ANTIBACTERIAL POTENTIAL OF <i>Euphorbia hirta</i> LINN.MEDICINAL PLANT EXTRACT IN COMBATING ANTIBIOTIC RESISTANCE	S. Mayuri
7.	ARTIFICIAL REGENERATION OF <i>Pamburusmissionis</i> (WIGHT): A NATIVE MEDICINAL PLANT	S.A. Kader
8.	COMPARATIVE STUDY OF PHYSICOCHEMICAL PARAMETERS ON DIFFERENT <i>KADALI KSHARA</i> SAMPLES FROM <i>Musa paradisiaca</i> PLANT	P.R.N.T. Gunawardana, E.D.T.P. Gunarathna, N.D. Kodithuwakku
9.	INVESTIGATION ON POTENTIAL ANTIOXIDANT ACTIVITY AND CYTOTOXIC PROPERTIES OF <i>Tribulusterrestris</i> (<i>HEEN NERENCHI</i>) PLANT EXTRACTS	T.M.K.P. Thennakoon, K.P.N.G. Kanuwana, H.A.R.P. Perera, R.V. Vidhyajini
10.	COMPARISON OF CHEMICAL CHARACTERISTICS OF DIFFERENT COMPOSITIONS OF <i>TRIPHALA</i> POWDER IN VARIOUS AYURVEDA AUTHENTIC TEXTS	H.H.S.S. Silva, S.D. Hapuarachchi, K.D.C. Madhushika, P.K. Perera

9thiCAUST - Session No-12

Date 10.09.2023 1.00.m - 3.00p.m. Hall 02 - Orchid Hall

Key -note Speaker - **Prof. He Qiuxia**

Chair - Associate Prof. (Ms.) S.D. Hapuarachchi

Co-chair - Dr. M.A.A. Sirajudeen

Rapporteur - Dr. (Ms.) N.V.Y. Diloopa

Coordinator - Dr. (Ms.) K.T.C. Dilrukshi

	Student Forum Title	Authors
1.	EVALUATING THE EFFICACY OF ONLINE LEARNING AMONG THE STUDENTS OF THE INSTITUTE OF INDIGENOUS MEDICINE DURING AND AFTER THE COVID-19 PANDEMIC: A SURVEY	F.S.M. Mohideen, M.H.M. Nazeem
2.	DEVELOPMENT OF AN HERBAL BODY WASH FOR A HEALTHY SKIN AND CONCEPTUAL EVALUATION OF ITS EFFICACY	K.O. Livera, N.D. Kodithuwakku
3.	IN VITRO STUDY TO FIND THE EFFECT OF <i>Desmodiumtriflorum</i> ON BLEEDING TIME	M.G.R.K. Manohara, D.A.L. Munasinghe
4.	CASE STUDY ON ASSESSING THE GRASPING CAPACITY AND QUALITY OF LIFE OF AN INDIVIDUAL WITH MALUNION FRACTURE MANAGED BY MANIPULATIVE REDUCTION AND TRADITIONAL ORTHOPEDIC MEDICINE	W.K.T. Dushmantha, A.G. Samarawickrama
5.	PHARMACOGNOSTIC ANALYSIS OF <i>Zingiber officinale</i> IN DIFFERENT GEOGRAPHICAL ZONES OF SRI LANKA	P.A.N.T.D.M. Jayasingha, S. D. Hapuarachchi
6.	DEVELOPMENT AND ANALYSIS OF A TOPICAL ANTI-INFLAMMATORY GEL USING THE TRADITIONAL MEDICINAL PREPARATION OF <i>NAVAHANDI TELKIRA</i>	B.L.I. Anurangi, S. Ekanayake, S.P. Molligoda
7.	QUANTIFICATION OF TOTAL PHENOLIC, FLAVONOID CONTENTS AND EVALUATION OF THE ANTIOXIDANT ACTIVITY OF <i>AKSHI RASAYANAYA</i>	V.V. Gamage, R.L.Y.U. Rathnayaka, G. Thiripuranathar, K.P.P. Peiris
8.	EVOLUTION OF INTELLECTUAL QUOTIENT OF A PERSON ACCORDING TO THEIR <i>DEHA PRAKRITI</i>	V.A. Hariharan, W.M.S.S.K. Kulatunga
9.	ANALYTICAL STUDY OF <i>TILADIKESHA RANJANA LEPA</i> (HERBAL MASK) USED IN THE MANAGEMENT OF PREMATURE GREYING OF HAIR	S.S.K.M. Fernando, L.D.R. De Silva
10.	PHYTOCHEMICAL INVESTIGATION AND PHYSICOCHEMICAL EVALUATION OF THE LEAVES OF <i>Atalantiaceylanica</i>	K.S.Hiripitiya, P. A. N. GPerera
11.	PREVALENCE OF COGNITIVE STATUS AMONG AGEING: A COMPREHENSIVE STUDY	A.H. Samaranayake, R.D.H. Kulathunga
12.	ANALYSIS OF PATIENTS TREATED WITH <i>WAJA UL MAFASIL</i> CONDITION AT NATIONAL AYURVEDIC TEACHING HOSPITAL, BORELLA	A.R.F. Zahra, M.C.M. Maheez
13.	A STUDY ON THE CORRELATION OF FOOD TASTES WITH THE MENTAL DISORDERS OF CHILDREN	R.M.I.G.C.S.M. Rajanayake, W.A.S.S. Weerakoon
14.	PHARMACEUTICAL STUDY OF <i>TRIPHALA GHRITA</i> WITH SPECIAL REFERENCE TO <i>AKSHI TARPANA</i>	H.P.S. Mindula, B.S.M.M. Sooriyaarachchi, S.K.M.K. Herapathdeniya
15.	DEVELOPMENT AND STANDARDIZATION OF A MODIFIED DOSAGE FORM OF <i>GUDA VATIKA</i> ; AN HERBALLOZENGE IN THE TREATMENT OF COUGH	P.G.C.M. Minipuraarachchi, K.N.A. Dharmasena