

## Sri Lanka

Sri Lanka 'Serendib' earlier known as Ceylon is a beautiful island popularly known as "Pearl of the Indian Ocean." Its commercial capital is Colombo, the largest city located in the west coast of the island. It is a busy and vibrant city with a mixture of skyscrapers and colonial buildings with active citizen of modern life around 650000.

## Institute of Indigenous Medicine

The Indigenous systems of medicine consisting of Ayurveda, Unani, Siddha and Traditional systems of Medicine have been rendering immense contribution towards the healthcare of Sri Lankans since ancient time. Uprising of nationalistic movement during the early part of the 20th century lead to the institutionalization of the indigenous system of medicine on 10th June, 1929 as the Swadeshiya Ayurveda Vaidya Vidyalaya. This institution was affiliated to the University of Colombo in 1977. It is situated at Rajagiriya, Sri Jayawardhanapura Kotte, Colombo. The IIM is proud to produce annually around 250 graduates of Ayurveda and Unani medicine and around 50 postgraduates to the national health stream.



## Organizing Committee

### Chief Organizer

Senior Professor P.A. Paranagama  
Director, Institute of Indigenous Medicine.

### Co-Organizers

Dr. (Mrs.) S.P. Molligoda  
(Head/ Department of Ayurveda)

Professor M.S.M. Shiffa  
(Head/ Department of Unani)

### Conference Coordinator

Professor R.D.H. Kulathunga

### Organizing Secretaries

Dr. (Mrs.) Y.A.U.D. Karunarathne (Ayurveda)  
Dr. A.L.M. Ihsan (Unani)

### Joint Secretaries

Dr. (Mrs.) O.T.M.R.K.S.B. Kalawana (Ayurveda)  
Dr. (Mrs.) M.C.N. Razana (Unani)

### Contact

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## Institute of Indigenous Medicine

University of Colombo  
Rajagiriya, Sri Lanka

10<sup>th</sup> & 11<sup>th</sup> June 2021

**"Indigenous Knowledge for  
Emerging Health Issues"**

**7<sup>th</sup> International Conference  
on  
Ayurveda, Unani, Siddha and  
Traditional Medicine  
(ICAUST 2021)**

## Dear Colleagues and Professionals,

We extend our cordial invitation to participate in the “7<sup>th</sup> International Conference on Ayurveda, Unani, Siddha and Traditional Medicine” organized by the Institute of Indigenous Medicine (IIM), University of Colombo under the guidance of the University Grants Commission (UGC), Sri Lanka. The conference has continued to progress as the best research event in traditional medicine in Sri Lanka. Due to the global COVID-19 pandemic, the ICAUST 2021 organizing committee decided to conduct the conference in the form of a **HYBRID CONFERENCE** on 10<sup>th</sup> and 11<sup>th</sup> of June 2021

The aim of the conference is to provide a platform for eminent re-searchers academicians, physicians, traditional and medical practitioners, manufacturers and exporters of Ayurveda and herbal products, members of the corporate sector, agriculture sector and stake holders from all over the world.

This conference will provide an overview of the latest information on Ayurveda, Unani, Siddha and Traditional Medicine approach to health including practical strategies for incorporating evidence based modalities into clinical practice, using practices to prevent illnesses, recommendations for management of specific conditions and tools to evaluate the latest related research findings.

## Venues

### Inauguration and Scientific Sessions

Institute of Indigenous Medicine, University of Colombo, Rajagiriya

10<sup>th</sup> to 11<sup>th</sup> June 2021

Hybrid Conference with Virtual Scientific Sessions

## Important Dates

Deadline of Abstract Submission	07 <sup>th</sup> May 2021
Notification of acceptance	15 <sup>th</sup> May 2021
Last Date for Registration	03 <sup>rd</sup> June 2021
Conference Dates	10 <sup>th</sup> & 11 <sup>th</sup> June 2021

## Conference Theme

“Indigenous Knowledge for Emerging Health Issues”

## Sub-Themes

Fifteen sub themes are enlisted in this conference and are comprised with plenary lectures by invited speakers and oral/poster/ video presentations, demonstrations.

## Conference Scope

- Literary research on Ayurveda, Unani, Siddha and Traditional Medicine.
- Pharmacology, Pharmaceuticals and Clinical trials (Modern and Ayurveda)
- Preventive and Curative measures of emerging health issues.
- Advanced Medical & Surgical practices in Ayurveda, Unani, Siddha and Traditional Medicine.
- Traditional practices on food and nutrition in modern day application.
- Preventive and Curative measures in Geriatrics.
- Eco-tourism, Yoga and Wellness.
- Bio- Ethics and Medical proficiency.
- Merging technology with Traditional healthcare systems.
- Associated Medical practices in Asian region.
- Policies and Standards on Ayurveda health care.
- Cultivation, organic farming, conservation and propagation of medicinal plants.

## Instructions for Submitting Abstracts

submission of scientific abstracts for oral presentation. Abstracts of the paper in any of the above themes should be data oriented with reflecting major findings of the research study. Theoretical statements should be avoided in abstract.

The abstract should contain no more than 250 words in IMRAD format and is to be typed in MS Word, Times New Roman, Font 12 and space 1.5. The abstract should be sent to [icaust@iim.cmb.ac.lk](mailto:icaust@iim.cmb.ac.lk) as an attachment.

## Registration Details

Submit a dully filled google ICAUST 2021 registration form along with demand draft of applicable registration fee in favor of Director, Institute of Indigenous Medicine, University of Colombo, Rajagiriya, Sri Lanka, People’s Bank, Corporate Banking Division,

Account Number : 078100172268458,

Swift Code: PSBKLKX.

## Online Registration

<https://iim.cmb.ac.lk/icaust/2021/registration/>

## Local Participants Registration

	Registration Fees
IIM UG Students	free
Sri Lankan Students	LKR : 500.00
Sri Lankan Delegates	LKR : 750.00

## Foreign Participants Registration

	Registration Fees
Foreign Delegates	20 USD
SAARC Delegates	15 USD